Summary of Minutes July 2016 Columbia County Community Advisory Council

The Chair opened the meeting at 3:00pm and welcomed everyone. The minutes from the June meeting were approved and with no additional agenda items, the agenda was approved.

<u>Innovator Agent updates</u>: Joell provided a handout of current IA updates. She provided a copy the Columbia County Behavioral Health Profile for 2015 that had just been released. Karen will email the CAC the handout, which will provide the link to the information. OHA is working to provide access to this information online as an interactive web-tool. Joell will let us know when the access is available.

Membership Update: Karen discussed that a location had been found where on-site childcare could be provided if the CAC were open to moving the meetings to St. Helens. The committee discussed that moving locations had been a goal in order to provide on-site childcare, grow our membership, and for current members that bring their little ones. Also discussed was the time the meetings are scheduled. Karen mentioned the short survey done a few months ago regarding location, time, dates, etc., revealed that starting the meetings at 3:30pm would be helpful to several members including those needing to pick-up and drop-off of school age children. The committee discussed that most of the CAC meetings are finished by 4:30pm and moving/shortening the meeting by 30 minutes would provide that extra bit of time necessary to those with commitments.

The CAC unanimously approved the meeting to move to Sunset Park Community Church, 174 Sunset Blvd. St. Helens, OR 97051. Karen was asked if the move could begin with the August meeting. The CAC also unanimously approved moving the meeting time to 3:30pm – 5:00pm.

Karen discussed the TA (Technical Assistance) Bank offered through OHA (Oregon Health Authority). She and Dennis attend an event sponsored by OHA and learned there were some additional hours available to CCO's even if their allot hours had been used. (CPCCO used the hours to assist in the design of a Alternative Payment/Risk Share Model in conjunction with their Board of Directors.) Dennis and Karen approached OHA about ACE's (Adverse Childhood Experiences) and TIC (Trauma Informed Care) training for Columbia County. They were happy to announce the request was for training had been submitted and they were given a verbal approval!! They hope to have the signed request by the August meeting. The request was for the Trauma Healing Project (a company based out of Eugene OR) to provide three ½ day trainings in three different areas of Columbia County. Currently thoughts are to have one in Vernonia, Scappoose/St. Helens and Clatskanie or Rainier. The extra hours given to Columbia County does require (as of this date) to complete these trainings by September 30. More to come.

Karen mentioned one "homework assignment" from the event in Eugene was to submit to OHA a *Next Steps, SMART Goals for CAC Member Recruitment & Engagement*. SMART Goals are: Specific, Measurable, Achievable, Relevant, Timely. OHA has requested this be submitted by 7/31/16. Karen discussed the request could be a CAC committee submission or a CAC Coordinator submission, perhaps both – she wasn't sure; either way members of the CAC would be asked to help ©. She would like to submit that the Columbia County Goal be to increase OHP

membership by a minimum of two members. Upon reaching that, Columbia County CAC would be at or over the 51% that OHA requires of the CAC's. The CAC approved Karen to submit that as the goal.

Strategic Plan update: Nancy provided a handout for the Strategic Plan update. She mentioned the Board of Directors approved the CHIP Annual Update on 6/20/16 and it was submitted to OHA on 6/30/16. She thanked everyone for their participation in completing the update, especially Shaunee and Heather. A paper copy of the final report was available to CAC members; Karen will email a copy to everyone as well. The update will also be posted on the CPCCO website. Nancy reminded everyone of the Board of Directors five year Strategic Plan and there are specific Community Interventions deliverable. Nancy highlighted a couple the updates mentioned at the June Board meeting, including the CCO is fully staffed with a Community Advisory Council Coordinator and a Community Health Improvement Coordinator in each county. And, the CAC's are working to increase OHP membership on the advisory councils and the CHIC's are exploring projects to utilize incentive funds that address incentive measures and performance improvement projects.

<u>Incentive Fund Project update</u>: Shaunee provided the update on the incentive funds. The sub-committee is to meet to finalize the guide and the goal is to have it ready for the CAC to review by the August meeting. Shaunee hopes to have a couple projects for CAC to review and give some feedback/guidance.

<u>Walk to Wellness</u>: Shaunee provided an update on the "Walk to Wellness" is on Saturday July 23 at the Columbia County Fair. The "Walk to Wellness" is in partnership with the Year of Wellness and Emergency Management. Shaunee asked for volunteers that would like to help at the booth. Several CAC members offered to times they would assist.

<u>Community updates</u>: Shaunee provided the update for the Year of Wellness. She discussed that the committee continues to meet monthly. The focus moving forward is working with businesses in the community to recognize a healthier life style and support the YOW in some aspect. The Columbia Health Collection held a retreat to work on a strategic plan. One important topic from the retreat was the merge of the Health Collection and the Year of Wellness, which will allow the YOW to continue.

Meeting adjourned at 4:40pm.

Next meeting: August 1, 3:30-5:00pm, Sunset Park Community Church, if possible.