

## Summary of Minutes February 2016 Tillamook County Community Advisory Council

The Co-Chair opened the meeting at 4:05 pm and welcomed everyone.

The committee approved the agenda and the January minutes with changes: to the attendance and the Project Homeless Connect at Sacred Heart Catholic Church date to January 27<sup>th</sup>.

Nancy provided a copy of the Summary Discussion from the 1/18/16 Board of Directors meeting. She explained that the board voted on and approved a working Definition of Integration. The committee discussed the definition and shared their concerns that this definition may intimate CCO members, it's not very user friendly, has too many big words, and written at a high level.... The committee discussed the possibility of a tag line that would be more useful to our members.

The interviews for dedicated staff for Tillamook CAC are starting. Nancy hoped to have staff hired by next month. The two positions are Community Health Improvement Coordinator (full-time position) and CCO Community Advisory Council Coordinator (half-time position). The positions will work together but have different roles. The Community Health Improvement Coordinator will oversee improvement projects, incentive funds, and aliening the projects to support the CHIP and the metrics. The CAC Coordinator will focus on improving OHP membership and member engagement. Both positions will dovetail with the Year of Wellness.

The Annual Meeting is next month. New members will have term rotation established and those with expiring terms may be elected to serve another term. In addition, a new chair and co-chair is elected. If you are interested in the chair or co-chair position, contact Leila, David, or Nancy.

Joel Caris from Food Roots provided an overview of the project "Grow Healthy; Seed to Supper" that Food Roots received Community Wellness Investment Funding in 2015. Joel stated the "Seed to Supper" was a successful project that provided a free gardening course for adults. The five-week course offered in Nehalem and Tillamook and they had 23 graduates. They are set to offer the course in Spanish this March/April. Here is the link for more information or to contact Food Roots <http://www.foodrootsnw.org/>

Nancy reminded the committee that CPCCO members are eligible for a free cell phone (one per household) through *SafeLink Wireless*. The flyers she provided explain how to sign up.

*CareMessage* is another service for CPCCO members; it is a free self-referral, text-messaging service designed to help improve health care needs by sending appointment reminders, health and wellness tips, education information, etc., via text messages.

Announcements and other community events:

March 30, 2016 begins *N-O-T on Tobacco* smoking cessation program through the American Lung Association. For more information about this 10 week program contact Anna Kleeman 503-842-2566 x 2050 or [kleemana@tillamook.k12.or.us](mailto:kleemana@tillamook.k12.or.us)

The meeting adjourned at 5:15pm.

Next meeting March 9<sup>th</sup>, 4:00-5:00pm at Tillamook Bay Community College