

Summary of Minutes February 2016 Clatsop County Community Advisory Council

The agenda was reviewed and there were no additional items. The January minutes were approved. The CAC opened with introductions of members and guests. Additional agenda items (definition of integration, incentive fund update, membership update, CWIF update, Year of Wellness update, education sub-committee update) were not discussed at this meeting.

For the advisory council education series session 4: Trauma Informed Care and Adverse Childhood Experiences, the CAC focused on discussing the need for Clatsop County to have a more inclusive and robust system of care for behavioral health services. The CAC felt strongly that there was a need for better communication to county leadership (commissioners) and behavioral healthcare services leadership (CBH and GOBHI).

It was felt that services that were in place were not enough, and that although there are people in the community who work in systems that identify people with behavioral healthcare needs, there were limited services to refer clients to and that people had to fight for services when they wanted to engage in what is available.

In general, the CAC felt that the current system was not built to integrate with the 70 mental health providers that are in the county who would be willing to see Medicaid clients. It was pointed out that integrated also means having behavioral health services co-located in physical healthcare settings. The CAC felt that there was not adequate funding, a focus on restorative justice, enough peer supports, adequate community outreach, supported employment or group counseling available to meet the needs in Clatsop County. Although system change does take time, advisory council members felt that they were not informed enough to know what change was happening in the behavioral healthcare system.

Guest, Liz Covey, discussed some principals of Trauma Informed Care methodology. Key to TIC is the quality of the kind of relationship there is with a client. There is also a focus on regulation skills and overall emotional wellbeing.

The next CAC meeting is March 1st, 5-7pm at the Seaside W2W office.