

Restore
Restart
Recover



Bridge to Pathways

Recovery starts here

One of the biggest decisions you'll ever make is getting treated for an alcohol or drug addiction.

Such a serious medical condition calls for care in detoxing.

Bridge to Pathways offers a safe, medically monitored program to begin treatment.

Safe comfortable care

Our clinically managed program offers:

- ▶ 24-hour care by registered nurses and detox technicians
- ▶ An inpatient stay of 3 to 10 days
- ▶ Medication-assisted treatment to support recovery

We are happy to talk with you about treatment and help you set a date.

Call us at 503-396-4271

Whole-health recovery

Addiction takes a toll on your whole being. Long-term recovery is more likely when you continue treatment after detox.

We refer people to continuing care that is right for them and close to home.

Qualified behavioral health professionals provide personal and group therapy to help:

- ▶ Understand the physical nature of addiction
- ▶ Identify and handle underlying emotional issues
- ▶ Learn life skills needed for successful recovery

Treatment changes lives

“I am truly grateful for your honesty, love, and compassion. I will carry all of you with me into my newfound recovery and my hope for a brighter future.”

— *Pathways Client*

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A program of
Columbia Community Mental Health



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