

## Summary of Minutes January 2016 Clatsop County Community Advisory Council

The agenda was reviewed and there were no additional items. The November minutes were approved. The CAC opened by discussing and giving updates about last month's VA homelessness discussion. The coalition has identified that there isn't enough social services to support people who get to the shelter. They feel that this is a good opportunity to get connected with services/coordinate due to the fact that they are CCO Medicaid members. It was mentioned that there is a fee bus to the shelter in Seaside that Sunset Empire and transportation has offered. There are also Safe Link brochures available for the CAC to take with them to give out to their networks.

### Innovator Agent updates:

Joell discussed the CCO metrics for 2015, potential disparities due to race and ethnicity. There is an OHP website that will be listing data related to race and ethnicity related to health disparities. There is a birth control bill that has passed in the legislature. Pharmacists can prescribe the pill. The CCO will have two new incentive measures for 2016, Tobacco and Immunizations. The One is up and running. This will be available to the public in February.

Sub-Committee report: The CAC discussed wanting to know more about the Early Learning Hub. They would like to invite Rob Saxton to a CAC meeting. Nancy will look into his availability.

### CPCCO update:

Nancy reviewed the following documents:

- CAC Roles and Resources
- Community Advisory Council of CPCCO Conflict of Interest Policy
- Community Advisory Council of CPCCO Conflict of Interest Questionnaire (to be completed by each advisory member in March)
- CPCCO CAC 2016 Monthly Calendar
- CPCCO 2016 CAC Strategic Plan Deliverables
- 2016 CCO Incentive Measure Benchmarks
- 2016 CCO Incentive Metrics
- CCO Performance Improvement Projects
- CPCCO PIPs for 2016
  - ✓ Opioid reduction

- ✓ Tobacco use reduction
- ✓ Timeliness to pre-natal care
- ✓ ACE's/Trauma Informed Care
- Performance Improvement Projects for 2016
- Community Wellness Investment Fund

Nancy will continue to support the CAC to engage in these new plans and processes for 2016. Additional staffing will hopefully be on board soon. The CAC discussed the metrics and that each measure is worth 300k. They were curious about the community and how the CCO incentivizes smaller agencies does. The CAC felt that the community is not being incentivized to meet metrics like clinics are.

Mimi Haley, Executive Director for CPCCO and a guest at this meeting, discussed the CCO and that they are looking for a community that would want to do a project that would involve supporting health beyond the clinics.

The CAC discussed local hospital incentive metrics. Do they have them? If yes, what are they?

Advisory Council Education Series: Session 3: Diabetes

Brian Mahoney and Joell Archibald led a discussion of diabetes and some of the data and challenges related to diabetes in Clatsop County. CAC members discussed/shared ideas about ways that the system could support people to have better care and health outcomes related to managing diabetes, especially for those who struggle with maintaining their blood sugar levels.

In summary, it was felt that finding out what the barriers are to getting good care for individuals and decreasing the cost out of pocket would be most helpful. Knowing the exact population and doing a better job at discovering the root causes would improve health outcomes. Finding out what the barriers are to getting good care is important.

Some suggestions:

- Increase the number of community health workers/home visiting networks.
- Increase case management, identify high utilizers. Get data around what barriers are and why high utilizers go to the emergency room.
- Learn about the culture of people who have no control over their health
  1. Poverty
  2. Low-income
  3. Trauma survivors

4. Lack of resources/what resources are available
5. Family environment
6. Transportation
7. Community support
8. Root causes
9. Social impact of health

The CAC discussed potential projects they could support. It was suggested that they develop community projects that affect both the ACE score and what caused the ACE score. If there were community health workers it would be good to have home delivery of medications to treat mental health and diabetes. The CCO could be more aggressive about advertising/promoting in the community health issues and solutions. The CAC supports a project that would encourage kids to come to an event that would screen for adolescent well child visits. One way to measure success would be to use the PAM tool. (Patient activation measure).

The February focus of the meeting is Trauma Informed care. The CAC suggested the Liz Covey, David Labby and Theresa Crouter would be good guests. NAMI is meeting at the Seafood building in Astoria the second Tuesday of the month at 7pm.