

The meeting was called to order, and the Council received an update on the CAC Sponsored project, Healthy Hearts. The program is taking the month of November to recruit a new cohort, and explore opportunities for peer leadership within the program. The participants have shared how much this program has done for their lives, including the motivation to quit smoking and building friendships that encourage health.

The Innovator Agent for Clatsop County updated the Council on CCO 2.0, and that policy recommendations will be finalized at the October Health Policy Board meeting. Overall the recommendations include an increase to the voices of the Community Advisory Councils, and increased focus on social determinants of health, and increased rules around behavioral health. The timeline for CCO 2.0 is as follows: October-December: Outreach to CCO's, January: Application becomes available (Letters of Interest submitted, invitations for full proposals, public Q & A sessions), June: Contracts signed, January 2020: Contracts are live.

The Advisory Council then jumped into a conversation for the topic of the remainder of 2018, "Emotional Well Being". The Coordinator prepared statistics from the Student Wellness Survey for 2018 given to students throughout Clatsop County. The statistics available for the Council at this meeting were from one school in the county, and they were quite staggering. High rates of suicide ideation and self-reports of attempted suicide by 6th graders in Clatsop County. The Council had an in-depth discussion, strategically dissecting the massive topic and drafted a plan to incorporate this topic into the framework for 2019. The Coordinator will construct a map of this work which will be made available before the November meeting.