

**February 1, 2020**

*Columbia Pacific CCO Columbia County Community Advisory Council (CAC) Meeting Minutes*

*3:30-5:00 pm (February CAC virtual)*

Meeting was opened at 3:30, welcomed guests, and members approved the January meeting minutes.

**OHP and Me:** Heather Oberst

A new CPCCO online program, OHP and Me, is a series of workshops that provides some guidance on benefits covered by Columbia Pacific CCO. Workshops include videos and handouts in the categories of: Orientation, Children and Family, Adult 1 & 2, Elder Adults, Mental Health and Dental Health. These resources are available to provide general information regarding benefits and to empower members to make informed decisions regarding their benefits. It's live on our website in English and Spanish.

**Youth Era:** Caitlan Wentz

Youth Era serves Columbia County with a team of dedicated Youth Peer Support Specialists who are committed to helping young adults empower themselves and successfully transition into adulthood. All Youth Era support services are provided free of cost to youth and young adults between the ages of 14 and 25. Services include: One-on-one peer support, proving young adults with help, advice, guidance, and support from someone who has been where they are; system/resource navigation; and leadership development, including a curriculum in work skills.

**Columbia Health Services Suicide Prevention Program:** Sarah Trejo

Columbia Health Services Suicide Prevention team just completed a community wide survey and are currently gathering more data. They are currently offering the suicide prevention training, Question, Persuade, Refer (QPR) - an intro level prevention training- twice a month. Saint Helens Middle School and Saint Helens High School have implemented Sources of Strength a suicide prevention program. Their goal is to have all schools in Columbia County implement this program. Currently working on getting elementary level curriculum Sources of Strength implemented statewide.

**IA Update:** Joell Archibald

The state looks at case counts, rates, and positivity rates to determine risk rates for counties. COVID-19 vaccinations are being distributed to health care systems. As of the update date, Columbia County has administered 1,892 doses of COVID-19 vaccine. Governor Kate Brown has directed OHA to provide COVID-19 vaccinations to teachers to facilitate the return of in-person learning at Oregon schools. Each school district can make decisions governing their own practices. Columbia County is part of the NW Regional Education Service District; they have posted materials with guidance on their website.

**Other Updates:**

**Next meeting:** March 1, 2021

Meeting adjourned at 5:00.

