

Summary of Minutes August 2016
Columbia County Community Advisory Council

The Chair opened the meeting at 3:30pm and welcomed everyone to our new meeting location at Sunset Park Community Church. The minutes from the July meeting were approved and with no additional agenda items, the agenda was approved. There were several guests and new faces, the chair asked everyone to introduce him or herself.

Innovator Agent updates: Joell provided a handout of current IA updates. Karen emailed everyone a copy of the IA update that morning, as there were many links provided for more information. Joell discussed membership in Columbia County was just under 11k, and of the three counties Columbia County had the highest enrolment at 39.9%. She mentioned the County Behavioral Health Profiles was released and a link was on her update sheet. Joell mentioned that Oregon Health Policy Board is planning Town Hall Meetings, one of the six will be on the North Coast, and she would let the CAC know when the meetings were scheduled. She encouraged everyone to attend. Joell mentioned two upcoming conferences: the Oregon Rural Health Conference and Oregon's Place Matters. She encouraged the CAC to consider attending one or both conferences. The handout provided links to websites if CAC members were interested in more information. A question was asked about conference fees and the CCO nor OHA has funds for CAC members to attend either of the conferences.

Membership Update: Karen mentioned that she has had conversations with three or more individuals interested in joining our CAC. She also mentioned that with some re-organization with Scappoose and St. Helens Fire, Chief Greisen has asked Chief Coombs to attend meetings on behalf of public safety. In addition, Jim Tierney will be retiring in October and Dan Brown will be the new Executive Director of CAT and he will be attending our meetings as well.

Strategic Plan update: Karen mentioned that a Regional Community Advisory Council meeting is scheduled for September 9th in Clatsop County. The CPCCO Regional CAC typically includes the Chair and Co-chair from each of the three CACs. Updates will be provided following the meeting. Nancy mentioned that the Board of Directors requested a review of the Regional CAC Charter and member list as part of a larger discussion at their July meeting.

My Easy Drug System (MEDS) Chart: Nancy provided a copy of a new medication sheet that CareOregon/CPCCO Pharmacy department developed. She explained the MEDS (My Easy Drug System chart) was designed to help patients, caregivers, and doctors keep track of medications, over-the-counter and prescribed, patients took. The MEDS chart encourages conversations between patient and/or caregiver and healthcare provider, including pharmacist, about those medications. Nancy also showed a 10 x 10 (approximate) prototyped zippered bag from the CareOregon pharmacy. The Pharmacy Dept. was interested in feedback and comments the CAC might have about the usefulness of the bag. The bag was intended to keep patient medications organized and in one spot. CAC members offered several thoughts: make secure-add locking mechanism, navigating bottles daily maybe too cumbersome – have a 7-day container/bubble packs, losing medication maybe an issue – add a tag “return to CareOregon”, color was nice – it stands out, were a few of the comments mentioned. Nancy thanked everyone for taking the time to consider the usefulness of the bag. She would give pharmacy their thoughts and comments.

Incentive Fund Project update: Shaunee provided a copy of the *draft* Incentive Fund Guide. She reviewed with the CAC how the guide is organized. She discussed how the guide describes the incentive funds, how the funds are awarded, and how they may be used to address incentive measures and performance improvement projects within the community. The guide also has a section that describes each of the 17 incentive measures and the performance improvement projects. The guide also discusses quality and best practices for each. She reminded everyone of the \$63,500 incentive fund that is available for Columbia County projects. The guide also provides the process for requesting those funds. An electronic copy of the guide will be emailed to all CAC members. Shaunee requested the CAC to review the guide and send her any questions and comments. She would like to have those by August 19th to ensure she has time to incorporate all ideas prior to sharing it with the Board of Directors.

Shaunee hopes to have a couple projects for CAC to review and give feedback/guidance on by our September meeting.

Community updates:

Walk to Wellness: The “Walk to Wellness” was part of the Columbia County Fair in St. Helens on Saturday the 23rd. There were more than 100 people visiting the different stations. Partners who helped make the walk successful included Columbia Pacific Food Bank, OSU Extension Service, nutritionist Lindsay Jones, Scappoose Fitness Connection, Legacy Scappoose, to name a few. The interacted with the fair attendees at the “Walk to Wellness” giving them a sticker for completing a healthy task at the various stations. The CCO gave prizes of hula-hoops, jump ropes, reusable shopping bags, etc., to everyone who participated. Our list of volunteers included two of our CAC members. Thank you! Commission Heimuller suggested this type of activity be every year rather than every other year. Shaunee and Karen will take this idea back to the YOW.

Shaunee provided the update for the Year of Wellness. She discussed that the committee continues to meet monthly and that the next meeting on August 18th, which is the same day of 13 Nights in Columbia County. Shaunee said the YOW would have a table and asked if anyone would be interested in volunteering.

The meeting adjourned at 5:00pm.

Next meeting is September 12, 3:30-5:00pm, Sunset Park Community Church.