

Summary of Minutes October 2018
Columbia County Community Advisory Council

The meeting opened at 3:35pm and the agenda was reviewed.

IA Update:

Joell had provided an email of the update. She discussed the area of most important, CCO 2.0 and the policy recommendations that **Oregon Health Policy Board will** finalize later in October. She gave an overview of some of the ideas and changes being considered. She discussed the emphasis on Social Determinants of Health for all CCO's in the future. The next and final OHPB meeting (prior to finalizing recommendations) is 10/15/18 from 8:30 to noon, her update has a link and all are invited to attend. More information is in the update.

Community Health Needs Assessment (Story/survey collection) Update:

Nancy provided the update of the survey collection. She reminded everyone of the \$5 gift card given to all that take the survey and that there are other incentives to those that assist with the survey collection. She emphasized the thoughts and opinions of our members is important to the success of this process. In mid-December, a workshop will be scheduled to review the results, any interested CAC member is welcome to attend.

Quarterly Theme: Trauma Informed Care/ACEs Resilience:

Teresa provided handouts from the webinar "A Pair of Aces" Building Resilience. She then reviewed some data she put together for Columbia County and Oregon overall. The CAC discussed children in foster care, DHS and often child welfare involves abuse/neglect. Lower income often correlates with high rate of DHS involvement. And, experience with DHS in Columbia County very hard to navigate. The discussion continued into how to move beyond negativity and move further into building resilience into the community. What types of services/resources are there available within the community and how to bring them to the county. The CAC discussed CASA and that an orientation for new volunteers was scheduled for November. It was also mentioned that NWESD is working on ACEs/TIC in all the school districts and perhaps we could invite someone to come and describe how their process is going. The CAC decided to show Resilience at the December meeting.

Rapid Feedback Results for October 2018

Objectives:

- 1) Create process to collect qualitative and quantitative data to identify effectiveness of community advisory council agendas and related activities.
- 2) Create opportunities for advisory council members to share views and experiences related to health and the health care system.
- 3) Have an average score of 4 in the four categories of evaluation (value of session, practical application, knowledge gained, enough opportunities to share my views and ask questions)
- 4) Use information gained to reflect on findings, brainstorm ways to refine advisory council best practice framework process and quickly implement changes.
- 5) Use information gained to inform the CPCCO Board of Directors of member advice and experiences of health and the healthcare system.

October 2018 Rapid Feedback

| Category | Average Score |
|--|---------------|
| Knowledge Gained | 4/5 |
| Value of Session | 4/5 |
| Practical Application | 3.7/5 |
| Enough opportunities to share my views and ask questions | 4.4/5 |
| Comment Summary: | |

Community Update:

A flyer for the Trauma Stewardship workshop on November 13th was provided to all. The workshop is free and is in Clatsop County.

The meeting adjourned at 5:30pm.