

Summary of Minutes November 2018
Columbia County Community Advisory Council

The meeting opened at 3:35pm and the agenda was reviewed.

NEMT Update:

Rachael provided an overview of the NEMT (Non-Emergent Medical Transportation) benefit. She reviewed the transition from Ride Care to NW Rides. She provided information and a handout on how to put in a request for transportation services. She also explained how the mileage reimbursement is processed and that a *Reliacard* would be available within the next month to provide a more immediate reimbursement (once minimum of \$10 is requested). The *Reliacard* can be used at any location where Visa is accepted. She mentioned that if anyone has issues to contact NW Rides first and her second, if additional support is needed.

Incentive Project Updates:

Teresa update on the various CAC incentive fund projects.

Motivational Interviewing: *The Shared Learning* is being supported by staff from GOBHI. Those that attended the class will be contacted and are welcome to join the continued learning once scheduled.

PowerClean: Program is going strong and peer learning is occurring on Friday afternoons. Monthly updates are provided to the CCO and now are exploring ways of sustainability.

Teresa updated the Community Health Needs Assessment. Currently there are 900 surveys completed with two weeks left. Ari Wagner will be presenting the findings at various locations throughout the county. The Ari's *Road Show* is scheduled to begin January and finish up in March. Teresa is working on dates and locations, more to come.

Quarterly Theme: Trauma Informed Care/ACEs Resilience:

NW ESD update -Trauma Informed Care/ACEs:

Cindy gave an overview of the process that inspired and started the Columbia County TIC. She touched on the funding, the partnerships and the support to bring the TIC principles to the five school districts and community in Columbia County. She covered the phases completed, the current schedule of events/activities and the commitments to continuing and advancing this work. Rick Robinson was introduced. Rick is part of the Columbia County ACEs Learning Collaborative, the implementation process team. Rick provided a copy of his presentation as he discussed the "How" the work would continue. A copy of his presentation is available. His presentation included some "basics" that provided a reminder that trauma is common, and we all have traumas *triggers*. Being aware of our own *triggers*, or what may activate them is important and, to develop a self-care plan to manage our emotions.

IA Update:

Joell had provided an email of the update. She mentioned a couple of things. OHA released the new Opioid prescribing guidelines, for more information see the update.

OHA also released the timeline for CCO 2.0 and the RFA will be released in January.

Rapid Feedback Results for November 2018

Objectives:

- 1) Create process to collect qualitative and quantitative data to identify effectiveness of community advisory council agendas and related activities.
- 2) Create opportunities for advisory council members to share views and experiences related to health and the health care system.
- 3) Have an average score of 4 in the four categories of evaluation (value of session, practical application, knowledge gained, enough opportunities to share my views and ask questions)
- 4) Use information gained to reflect on findings, brainstorm ways to refine advisory council best practice framework process and quickly implement changes.
- 5) Use information gained to inform the CPCCO Board of Directors of member advice and experiences of health and the healthcare system.

November 2018 Rapid Feedback

Category	Average Score
Knowledge Gained	4.7/5
Value of Session	4.8/5
Practical Application	4.2/5
Enough opportunities to share my views and ask questions	4.2/5
Comment Summary:	

The meeting adjourned at 5:30pm.