Columbia Pacific Coordinated Care Organization (CPCCO) Board of Directors Meeting: September 16, 2019 Meeting Minutes



The meeting was held in Tillamook County. Eleven of twelve Board members attended: Nancy Avery, Bill Baertlein, Jon Betlinski, Pam Cooper (phone), Sherrie Ford, Henry Heimuller, Debbie Morrow, Marlene Putman, Bruin Rugge, Erin Fair-Taylor and Nicole Williams.

Guests: Leadership from the CPCCO Regional Community Advisory Council attended: Margot Huffman, Jody Bell (phone), Debbie Morrow, and Dennis Spitze.

The meeting was called to order at 10:05 a.m. with an established quorum. The Consent Agenda was approved by unanimous vote of the Directors present.

Topics and Action Items

- 1. Dental Update and 2020 Strategy. Columbia Pacific CCO's Dental Director presented data on 2018 quality and utilization performance of the four Dental Care Organizations (DCOs) with whom CPCCO contracts: Advantage Dental, Capitol Dental, ODS Community Dental and Willamette Dental. She shared the increased expectations for oral health integration, access and quality as part of CCO 2.0, including the new oral health preventive metric for children 0-5 and 6-14. The Board was updated on conversations between CPCCO and the DCOs regarding strategies for improvement in 2020; the Board will be asked to approve the CCO strategic direction and DCO partnerships at its October Board meeting. The Board discussed the relative lack of OHP participation by dentists in our service area and the access challenges for members, especially for specialty dental services.
- 2. CPCCO Brand Campaign. CPCCO will be launching a brand campaign to increase awareness of the CCO and our work in the communities in early 2020. The campaign focuses on the locally-led, non-profit CPCCO model: an insurance company that also invests in member needs such as transportation, food access and education. The campaign will include cable TV, print, digital and radio spots.
- 3. Q2 2019 Board Dashboard. The Board reviewed forecast to actual membership and revenue, year over year MBR, pharmacy and medical costs and trends, oral health utilization rates and NEMT rides, expenses and utilization. The Q3 dashboard will include utilization and engagement data for mental health and substance use treatment.
- 4. Social Determinants of Health Equity (SDOH-E) Investment Strategy. The Board and CAC leadership discussed the current inputs into CPCCO's investments in our communities: our five-year Regional Health Improvement Plan (RHIP), staff-identified gaps and improvement opportunities such as maternal child youth strategies, new palliative care program, expansion of services to address substance use disorder, and optimization of NEMT, among

others – and new OHA 2020 requirements. The latter include an expanded role for CCO CACs in helping direct investments in SDOH and state-defined Health Related Services. The discussion highlighted the Board's interest in better understanding the specific work that is underway, as well as in OHA requirements, such as housing supports and traditional health workers. They also discussed mandatory trainings on state requirements, as well as more formalized communications between the Board and CACs.

5. Committee Reports

- a) Finance Report. This report was for the period July 2019 year to date, including membership, aggregate and sub-capitation revenues and expenses, medical expense trends, monthly operating income, and fund balances for clinical and community investments. The report also included a high-level update on the new rate-setting process for 2020.
- b) Integrated Community and Clinical Report. This new format of integrated reports is emblematic of the new CPCCO work using the RHIP as the basis for both community and clinical work. The report also included an update on the recent Community Wellness Investment Grants approved by the Regional CAC, the status of quality metrics achievement for 2019, and changes to the metrics for 2020.
- 6. Presentations. The Board heard about local efforts that CPCCO helped fund, including the following.

Referral from Developmental Screening to Services. This was a CCO funded project to NW Regional Early Learning Hub and Oregon Pediatric Improvement Partnerships (OPIP) to improve the rates of assessment and services for children screened with potential developmental delays. There were three specific areas for referral tools: Primary Care, Early Intervention and Early Learning. This work will be ongoing by CPCCO, as learnings from this project informed our Maternal Child Youth strategies.

7. Action Items

- a. By unanimous vote of Directors present, the Board accepted the July 2019 Financial Report.
- b. By unanimous vote of the Directors present, the Board adopted the 2019 Regional Health Improvement Plan.
- c. By unanimous vote of the Directors present, the Board approved CPCCO funding for the following proposals:
 - 1) Jewell School Based Health Center: \$60,890. Recommendation for funding to establish a school-based health center at the Jewell School in Clatsop County. The clinic will provide screening, preventive and other medical services, oral health, and mental health and substance use interventions. The clinic is expected to serve approximately 200 students, as well as school faculty and staff, during the school year with the potential to expand to year-round services in years two and beyond.

- 2) FACT Children with Disabilities: \$23,000. Recommendation for funding the *Welcome Project*, an outreach program to ensure families new to disability are welcomed, included and supported through early life of their children; this is one-time finding for development and publication of the story book that will be offered in both English and Spanish, with hard cover binding of 1,750 storybooks for distribution throughout the three CPCCO counties.
- 3) Sande School Barn Buddy and Family Service: \$23,800. Recommendation for funding to expand 'Barn Buddies,' an equine therapy program for foster youth and people with intellectual developmental disabilities, that teaches life and self-management skills. In addition, the committee recommends the CCO dedicate staff to help Sande School develop a business and funding model that allows independence from partner staffing turnover and allows Sande School to grow the programs to include other at-risk youth not currently served.
- 4) Rinehart Clinic Wellness Program: \$66,208. Recommendation for funding to extend and expand a diabetes risk reduction program that Rinehart instituted in late 2017. Primary focus will be on obesity reduction for the clinic population at risk of or with diabetes poor control, to implement screening for social determinants of health that would be included in the EMR, and a Wellness Navigator for patients. This proposal also includes a staff wellness component, allowing Rinehart staff to model and participate in the fitness activities.
- 8. General Updates. Tillamook County Community Health Centers passed their HRSA site visit with a 96% score. CPCCO's CAC Coordinator was recognized for her strong liaison role with the county, as exemplified by her work to bring change to the recovery movement.

There being no further business to discuss, the meeting adjourned at 1:55 p.m.