

## Regional Advisory Council Meeting

3.19.2024 Minutes

**Council Members Present: 5** 

**Staff Present: 7** 

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Time	Topic	
	Welcome	
10:03	<ul> <li>Removed June 11<sup>th</sup> from proposed next date</li> </ul>	
	Approved as amended	
	Annual Meeting	
	<ul> <li>Reviewed the CAC Framework including the role of the Charter. This framework includes the same pieces as the County CACs, but with important adjustments for a Regional Lens. Please contact Heather if you need the fuller version of the Framework.</li> <li>Reviewed the Regional CAC Charter. Highlighted similarities in</li> </ul>	
	structure and language approved by CareOregon's Legal Department, and also some of the language that is distinct for the Regional CAC.  Charter was approved as presented. Please review charter language directly for more information.  Reviewed 2024 Meeting Dates and content. Meetings are now set for June 18 <sup>th</sup> , September 17 <sup>th</sup> , and December 3 <sup>rd</sup> of 2024, each from 10-11:30am.	
	<ul> <li>Will hold June and September meetings as hybrid at Yesenia's suggestion towards the end of the meeting. Physical location will be our Seaside Office. Mileage reimbursement is available.</li> </ul>	
	Brush-Up: CAC Leadership Training	
	<ul> <li>See the PDF of the PowerPoint presentation for details presented.</li> <li>Reviewed staff supports and example approaches for starting and ending meetings, as well as managing discussion.</li> <li>Discussed how a Chair or Co-Chair might approach a situation raised by a Regional CAC member: A CAC member who does not always speak up, but who sometimes will react to a topic in a way that is very personalized and takes some time to address. The specific situation raised involved a Woman of Color who is a very passionate advocate, and historic examples have involved CAC members who bring</li> </ul>	

	experiences from many forms of disparities and also passions. High
	level suggestions that were named with various suggested transition
	lines:
	<ul> <li>Redirect the conversation to during check-in time, so that</li> </ul>
	important stories and conversations can happen outside
	business time and still be heard
	<ul> <li>Redirect the topic of the conversation to the next possible CAC</li> </ul>
	meeting so that the conversation can have the space it needs
	<ul> <li>Privately ask CAC-facing staff to follow up with the CAC member</li> </ul>
	to make sure their needs are met outside of CAC time and that
	their voice is respected
	Looking Ahead to 2024
	<ul> <li>Briefly discussed that the Regional Health Improvement Plan will</li> </ul>
	continue to be a main topic of the Regional CAC.
	<ul> <li>Reviewed a brief list of the community investments that our Council(s)</li> </ul>
	have a role in such as Community Wellness Investment Funds, SHARE
	Initiative Funds, and the Health Related Social Needs Capacity Building Funds.
	<ul> <li>Discussed some of the statewide and CPCCO-specific changes to Health Related Services: Flex. Any feedback about personal/professional</li> </ul>
	experiences with Flex are welcome as improvements are being made.
	Reach out to any CAC staff, especially Nancy and Heather.
	Connection Time
	<ul> <li>Did introductions, and discussed the meaning or history of last names</li> </ul>
11:19	Adjourned
Next	June 18th, 2024 from 10-11:30am
Meeting	This meeting will include the first review of the new Regional Health
	Improvement Plan, and a high level discussion of how the new priorities
	affect community investments.

## Supplemental attachments for meeting:

- Presentation slides
- 2024 Charter