Clatsop Community Advisory Council Minutes Summary

Tuesday July 9, 2024

Members Present: 5 CAC Members Present

Staff Present: 7 Staff Present

Guests: 5 Guests Present

Meeting called to order at 4:37pm. All participants introduced and welcomed. Quorum Met

July Agenda & Minutes from 6-4-2024. Chair asked the CAC to entertain a motion to accept the agenda with the addition of staff member from CAT added to the SHARE Updates and the June 4, 2024 minutes as written. Motioned and seconded. Accepted as submitted.

Learning Theme: Staff introduced director North Coast Food Web <u>www.northcoastfoodweb.org</u>. She shared slides about the Food Web, what they do and how they interact with the CPCCO. The Food Web is an entity that aggregates food to a central location and then distributes it. They also support food producers and provide year-round access to local food. In times of crisis (an example was the pandemic) they provide food for the "least well- resourced people in the community." Other programs they provide are education, food access, producers technical assistance & market opportunities, community kitchen rental, food storage and transportation, bulk form inputs, and producer supports.

At the **Place Matters Gathering** in the summer of 2023 the theme was Equitable Food Supplies in Clatsop County. The participants identified 7 key challenges in Clatsop County:

Low wages vs. Cost of Living Working Conditions Institutional Settings (tend to make

Cultural Appropriate Foods Lack of Transportation unhealthy food available)

Healthy Food = Expensive Education Working Conditions

A discussion was held regarding how Columbia Pacific CCO 18 month grant has impacted the Food Web for 2024-2025. Including but not limited to social services outreach & partnership development, Spanish Speaking community outreach, distribution of weekly \$40 free food boxes, cross-organization food access program development.

Staff Member also mentioned a handbook she co-wrote "The Co-operative Culture Handbook" that is available on www.northcoastfoodweb.org. or at https://www.ic.org/cooperative-culture/

SHARE Updates: Staff reviewed the background of the SHARE initiatives and how it works in the community. The following annual reports were provided:

Helping Hands; Their staff member reminded us that Helping Hands provides trauma informed, personcentered emergency shelter for men, women and children, including low and high barrier shelter that focuses on compassion and kindness. The higher barrier services look at sustainability, case management and wrap around services. They are now using Linguava Services for translation for non-English-speaking people.

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CCA; CCA staff reported that they are working with the NW Oregon Housing Authority (NWOHA) to update the Hilltop Apartments in Astoria (22 units). They are upgrading the maintenance and working to increase the wellness options for the residents.

CAT; CAT staff reported that it is using the SHARE initiative funds to help keep people in their homes in Clatsop County by making them safer for the residents. In 2024 they have completed 15 upgrades with a goal of 25 by years end. Upgrades have included adding/repairing heating & air conditioners, hot water replacements, biohazard removal, roof repairs, accessibility ramps and helping make pathways for health care worker's access.

Regional Health Plan Report: Staff gave a quick update on the Regional Health Plan. The Regional Advisory Council had its first review in June 2024. and will have a final review in September 2024. Once it is voted for adoption it will come back to the CAC's. The approved version will be sent to OHA in Dec. and put into place in January 2025 for a 5- year period.

CareOregon Staff Person gave a review of Substance Use Disorders and Youth System of Care. She shared slides about Substance Abuse Disorder in the CPCCO Region. The first and foremost thing she stressed is that Substance Abuse is a chronic disease that is treatable. She discussed what treatments are available in the tri county area, types of medications and specific youth issues – example youth consent to treatment ages and requirements as well as gaps in the system.

Grant Review Committee: CAC coordinator asked who on the CAC would like to be in the group who will review the grant applications for 2024. 5 members volunteered.

Community Check In: The check in was deferred this month so that all the speakers had time to give their annual reports. Staff will send out slides for presentations to everyone this week.

Meeting adjourned at 6:26pm.