

## Summary of Minutes October 2015 Clatsop County Community Advisory Council

The CAC reviewed the agenda and approved it with three additional items. (A discussion of the CCO Summit, GOBHI Board annual retreat update, and a discussion of Roseburg and how does the CCO respond to these types of events). The September minutes were approved. There was a membership update and a new member was approved onto the Community Advisory Council. Welcome!

The Innovator Agent gave an update. At the CCO Summit in November, CAC members can spend the night and have mileage/meals reimbursed. Right now, it looks like there are five members attending. Joell reminded the CAC that there will be a Behavioral Health Town Hall in early November and OHA would like to have consumer feedback about the local Behavioral Health System. The director of Addiction Service, Pam Martin is retiring.

An update on the GOBHI Board retreat was reported. This meeting focused on (among other things) the accreditation of behavioral health agencies and what that will look like in Oregon. NCQA will start this January. GOBHI's administrative headquarters in The Dalles is moving to a new location. They will remain headquartered in The Dalles.

The work group/education sub-committee gave a report. This group will be discussing the data related to the CCO's CHIP, Strategic Plan, and Transformation plan. They hope to come up with some common goals, be able to capture all thoughts about ideas and come to consensus and priorities.

CAC member led a brief discussion about independent behavioral health providers who struggle to be able to be approved to provide services to OHP. There are a number of people in the community who are willing to see Medicaid clients. There is a sense of not understanding why the CCO tries so hard to get doctors to sign up and not MH providers outside of the local authorized mental health agency. The CAC would like to know more about this process and why the system is set up the way it currently is.

**Community Wellness Investment Fund presentations:** The four grantees of CWIF's gave presentations about their projects to date and what has been highlights or challenges.

<b>Grant Purpose:</b> Early Childhood Health & Education Clinic in Clatsop and Columbia Counties. The community clinic offers comprehensive preschool exams for children from three to five years of age, including medical and developmental exams, speech and hearing screenings, nutritional counseling and more.
<b>Amount:</b> \$15,000
<b>Awardee:</b> North West Regional Education Service District
<b>Final Summary:</b> Dan Gaffney and Paula Mills discussed the need to align the work of pre-k and Clatsop Kinder Ready/ELC HUB. These funds were used to host two day clinic. 123 kids received screenings. Each child that had OHP were referred to their PCP and records were faxed to each doctor to be put into medical records. 14 children who had been identified were found to have special needs.. Of those 10 kids found to be eligible. Between in kind donations, CCO and NWESD 100,000 was donated.
<b>Grant Purpose:</b> Taking the Next Step: Wellness Focus Area and Tax Exempt Status
<b>Amount:</b> \$1,500
<b>Awardee:</b> Lower Columbia TimeBank
<b>Final Summary:</b> Caren Black from Lower Columbia TimeBank gave an overview of how these funds were used to develop a wellness component of TimeBanking. They were also able to secure 501c3 status. They discussed how a walking program was started and that there is a conversation going on to develop a holiday time exchange with OHP members in the Portland area (and in Lake County California).

**Grant Purpose:** Oregon mORe Campaign to Prevent Underage Drinking: Project seeks to reduce the percentage of teenagers in Clatsop County who drink alcohol and increase the proportion of parents in the county who educate their children about the dangers of alcohol abuse.

**Amount:** \$15,000

**Awardee:** North coast Prevention Works/Warrenton-Hammond Health Kids Inc.

**Final Summary:** Janelle W. gave an overview of what this campaign is. It is about raising hope and the science of the positive. This evidence based media campaign will focus on raising awareness about how many kids/families do not use alcohol. They have started with a student wellness survey and a parent survey. Currently have 167 returned. They will be doing pre and post surveys. They will have a billboard on Hwy 26. Will be advertised at radio stations. There will be speaking points for positive/norming conversations. There was a discussion of having another campaign with an opiate abuse focus.

Success will be measured by student wellness surveys, awareness of media campaign, self-reporting of use/abuse changes, and information about perceptions of new marijuana laws.

**Grant Purpose:** Seaside Cohort Collaboration: Through a collaboration between Sunset Empire Park & Recreation District and Seaside Providence Hospital. 45 Oregon Health Plan Members will receive wrap around wellbeing services including, fitness access, fitness tracking, health coaching, and mental health services.

**Amount:** \$5,850

**Awardee:** Sunset Empire Park & Recreation District

**Final Summary:** Grace Smith and Allison Whisenhunt gave an overview of this collaborative effort for OHP members. OHSU has given a grant to support the evaluation of this program. The participant will get a 3-month membership at Sunset Empire, 12 weeks of nutrition class, 12 weeks access to a social worker for behavioral health support, Fitbit, OHSU evaluation pre and post blood chemistry. They will track at 6 months and 9 months. They plan on having focus groups in the spring with teens. There is hope to scale this with a focus on teens. Transportation support is included.