

The Council approved the minutes as presented. An update was provided on the Healthy Hearts program, a CAC sponsored diabetes management program in partnership with Providence Seaside Hospital. The coordinator stated the program currently has 15 participants, and things have been moving along well. A couple of participants attended the CAC meeting and provided positive feedback to the Council. One stated the program is “wonderful,” and that she had lost seven pounds since beginning. Another participant shared that she believes that if participants “stick to it, it will change their lives.” An Advisory Council member asked the participants if the program was missing anything, or if there was anything else they’d like to see. A couple of ideas expressed were education on vitamins & supplements, also other exercise options such as Zumba. Another highlight noted was that two of the participants have quit smoking since beginning Healthy Hearts.

The Council was provided with a recap of the Community Housing Forum the CAC had hosted at the end of March. It was reported that about 45 community members attended, and from results of a follow-up electronic survey the attendees came from a wide-range of backgrounds and most would be interested in another meeting of that kind, finding it very educational and informative.

Melissa Brewster, pharmacist for Columbia Pacific CCO, was in attendance to facilitate a conversation around substance use in Clatsop County. Substance Use is the Council’s second quarter topic theme. The Council discussed various solutions and the current state of action in Clatsop County. One such conversation revolved around Medication-Assisted Treatment (MAT) programs, and the differences between those drugs used, such as Suboxone, Kratom, and Methadone. Another large issue the Council discussed was the gap of time that occurs between when a patient decides they would like addiction treatment and when that treatment becomes available, based on bed availability or access policies.

The Council was provided with the Innovator Agent Update, which highlighted elements of CCO 2.0 that will be put into action January 2019. Oregon Health Authority is currently looking for input on the new structure, with surveys and other ways to participate available.

The Council approved two new members, both who serve as Oregon Health Plan consumers.