

Clatsop Community Advisory Council Minutes - SUMMARY

Tuesday January 02, 2024 4:30-6:30pm

Members Present: 4 Members Present

Staff Present: 7 Staff Present

Guests Present: Representatives from: OHA, CCA, and The Harbor

Chair called meeting to order at 4:31pm. All participants welcomed. Guests were introduced. Quorum was met. Minutes for the Oct & Nov 2023 meetings were approved as written. Agenda approved as presented.

Hybrid Housekeeping: The slides on how we would use translation services in future meetings were shared.

Traditional Health Worker (THW) Update: A history and overview of the THW program which started in China in the 1930's was presented. The program became popular in the US during the 1980's with the Aids epidemic. Current models help us to achieve equity through health clinics, community-based organizations (CBO's), schools and behavioral healthcare by sharing experiences and community connections. Currently there are 5 types of THW in Oregon; Doula's, Peer Wellness, Peer Support, Personal Health Navigators and CHW (community health workers). In Clatsop County CCA (Clatsop Community Action), Providence BOB Team, The Harbor, First Steps for Autism and CPCCO all have certified THW in place. OHA has a map that shows where all the THW are located on their website. One of the current issues is certifying new THW. Programs are hard to get into.

Goals for 2024

1. Working on Social Health Benefits
2. Contracting with CBO's
3. Creating a THW Community of Practice Support System for THW's.

CAC Health Equity Learning Theme: Staff presented and discussed the 2023 Aspects/root causes of Health Equity Theme. Each county had the following presentations in 2023:

Clatsop:

May: CPCCO housing goals/investments & root causes of housing insecurity

Sept: KMUN audio clip about William Badger from Gearhart who was the first black city counselor in Oregon and his contributions.

Oct: VSO veteran services update

Tillamook:

May: Suicide prevention & supporting LGBTQIA community

July: Oregon Law Center

Sept: Residents Organizing for Change (ROC)

Oct: Trauma Informed Care networks

Columbia:

May: Columbia County Public Health & Latinx Health Needs Assessment

Sept: Traditional Health Workers & CPCCO Strategies

Oct: Familias en Accion Nutrition and Food Equity Programs . Presented in Spanish with English interpretation.

The group then worked on a mural activity brainstorming how we can take what we learned into 2024. Judy also asked us what will be the focus for 2024? The mural categories are: What went well in 2023, What is missing, Ideas for next learning theme and what questions do you have.

The idea was brought up of our CAC doing an event or gathering in 2024.

Regional Health Assessment Update:

Staff reviewed the 5- year process with the group. We were reminded us that we collected 1300 stories in 2023 and that all the data was reviewed by a committee who took a deep dive into understand patterns within the stories. They will bring this information to public community meetings in Feb 2024 to help determine which 3 goals will be the priority. These will be brought to the annual meeting for fine tuning and adoption. The 7 priorities that were identified are:

1. Behavioral Health
2. Community Empowerment
3. Culturally Responsive Care
4. Equitable Food Systems
5. Healthy Children & Youth
6. Housing & Houselessness
7. Whole Person Care

OHA Innovator Agent Update: OHA rep began by thanking Columbia Co CAC staff member Martha for assistance in translation.

1. Redetermination Update: As of Nov 17, 2023 63.8% had completed their redetermination. 5 of 6 people will be keeping their medical benefits. The groups left tend to be the more complex people so the results may change.
2. At this time, Oregon's 85% renewal rate is the 3rd largest in the US.
3. Group was reminded that the Oregon One Mobile App helps with medical renewals.
4. There will be public virtual feedback meetings regarding the OHA Medicaid Waiver this month on Jan 5th and 8th.
5. The Climate Benefit will now roll out in March 2024 pending governmental approval. This is for air conditioners, purifier filters (ex: wildfire smoke), heating and other climate & health related issues. Climate services may be available through CPCCO "flexible services" so contact your CCO if you need assistance prior to March.
6. **Community Check In:** Members had the opportunity to share information or ask questions of others in the group.

Meeting Adjourned 6:26pm