Clatsop Community Advisory Council Minutes

Tuesday May 7, 2024

Members Present: 6 members present.

Staff Present: 6 present.

Guests: OHA rep & potential CAC member present

Meeting called to order at 4:35pm. All participants introduced and welcomed. Quorum Met

June Agenda & Minutes from 5-7-2024. Chair asked the CAC to entertain a motion to accept the agenda and the May 7, 2024 minutes as written. Accepted as submitted.

Hybrid Meeting Housekeeping: This was skipped at this time as we are not translating meetings.

Discussion Regarding July CAC Meeting Date due to 4th of July. Meeting will be on Tuesday July 9th.

Learning Theme: Regional Care Team Presentation: The RCT Team members present were introduced and the Care Team Manager made a presentation on the team and what they do:

Provide Care Coordination for Medicaid covered members & providers, System Navigation, Cover Regulatory Pieces and Address Social Determinants of Health. The "heart" of what they do is to get to know someone and assist them.

Discussed who they are as an Interdisciplinary Team and Introduced members of the team:

- 1. Health Care Coordinator
- 2. RN Care Coordinator
- 3. Health Resilience Specialist: Community- based assistance and connection to care.
- 4. Intensive Care Coordinator: Behavioral Health for youth & adults in systems of care & navigation. They strive to support mental health services in the least restrictive care.

Discussed when and how to contact them: 503 416-3743.

CAC member asked about spiritual care. The Care Team Manager responded that they look at whole person care including spiritual care and identify how to connect the person with someone in the community to meet their spiritual needs.

Demographic Report: Staff reviewed the final June 30, 2023 through June 30, 2024 Demographic Report which is required annually by OHP. The report demonstrates how we are representing the diversity within our community. We reviewed the structure of the organization and governance: Local CAC's, Regional CAC, Board of Directors and Clinical Advisory Panel. Clatsop County currently has 8 members, 7 of whom have OHP members in their families. 7 Clatsop members responded to the survey that helped gather ages, race, ethnicity, language, functional diversity, gender identity and diverse life experience in Clatsop County.

Regional Health Plan Report: Staff reported that the Regional Advisory Council will have its first review in June 2024 and a final look in September 2024. Once it is voted for adoption it will come back to the CAC's. The approved version will be sent to OHA in Dec. and put into place in January 2025 for a 5- year period.

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Community Wellness Investment Funds (CWIF) Update: Staff reviewed the CWIF grants that the Advisory Councils rate, review and recommend action on. They give up to \$25,000 and must address at least 1 of the 8 Regional Health Improvement Plan goals. The grants close on July 12th. If you are interested in being on the committee that reviews the applications contact the local CAC Coordinator this week.

Innovator Agent Update: The Innovator Agent for OHA Updated us on the following:

1. The status of Respiratory Infections in Oregon as of May 11, 2024:

COVID: 2.4 % the lowest rate in 4 years

Influenza: 5.0%

RSV: Season ended on March 30th.

There is an uptick on pertussis/whooping cough in 9 counties. Check on vaccines.

- 2. An OHA Advisory went out on May 23rd: Throw out all **mussels harvested from Seal Rock State**Park up to Wahington State border.
- 3. Feedback about OHP survey is open until June 13th. PSU researchers are conducting the survey/interviews for OHP and CAC members. They will send you a \$50 Amazon card for participating. Contact Mary Oschwald at <u>oschwald@pdx.edu</u> or call 503 725-9602 to sign up.
- 4. The Health Evidence Review Commission (HERC) is holding a listening session on June 10th 7-8:30pm. Information on how to join is in the slide deck for this month.
- 5. A Time for Families is a weekly drop-in session about how OHA can better support your family's behavioral health needs. They are on TH at 12 -1pm. The link is in the slide deck.
- 6. Mental Health Resource and contact info is in the slide deck.

Contact information for each group is included in the report.

Community Check In: Group held a private discussion about issues members brought up. Group was asked to do the survey before closing.

Meeting adjourned at 6:11pm.