

## **Columbia County Community Advisory Council Draft Minutes**

Monday, April 01, 2024

3:00-5:00PM

Meeting at 3:01, facilitated introductions and asked for approval of the minutes for the month of March. Minutes approved with one minor correction.

**Charla de Diabetes:** Lolis Rocha from Oregon & Science University. Presentation about diabetes signs/symptoms, management, who is at risk, what makes them most at risk, and common co-diagnosis. Insurance requires a referral to diabetes education services and the Diabetes Health Center. Providers can fax a referral to 503-418-2208.

**Learning Theme Update:** Teresa presented the overarching CAC learning theme, "Active Community Building: Promoting Connections, Relationships, & Community, and the proposal for Columbia County. Specific focused will include 1) Community connections & partnerships, 2) Warm-hand offs, and 3) blending mental health supports with other focus areas. Feedback from the CAC included a suggestion to have at least one clinical partner talk about how they do warm hand-offs, particularly around health education and diabetes education.

**IA Update:** Belle gave updates on the climate resources benefit which has gone live. Nancy mentioned that CareOregon is working hard to bring this new benefit on smoothly, training customer services reps, having information online regarding eligibility, etc. Eligible OHP members can get devices that help keep healthy temperatures and clean air, including air conditioners, heaters, air filtration devices and mini refrigeration units for medications. Devices like portable power supplies to operate medical equipment like ventilators for power outages caused by climate events are also available. The best way to find out if you are eligible is to call, have not had many requests so far, but there also have not been any extreme weather events. A CAC Member mentioned that they found out the process was easy and straightforward if going through a healthcare provider.

Webinars on the ending of the Public Health Emergency are currently happening. Can register and get recording if you cannot attend. The Bridge Plan is coming online in July and will serve people between 131 and 200% of the federal poverty level so that they can get a plan like Oregon Health Plan. Community Input period for Draft OHP Bridge, the public and community partners are invited to give written feedback on the draft OHP Bridge Rules through April 21, 2024. Community input is due **April 21, 2024, 11:59 p.m. Pacific Time**

**Community Updates:** CAT energy assistance is currently closed but please continue to refer folks because they can do planning and still have funding for some things like propane. They are still doing homeless outreach 3 days per week. They also received funding for free diapers, families just fill out a short survey and then check in once per month. Can get from the front

desk at CAT to get a referral to Healthy Families. They have both baby and adult diapers and wipes.

A visit to a program called Mujeres Apoyando Mujeres in Clatsop County is planned because there is interest in starting an informal women's group here, more to come.

Meeting adjourned at 5:00

**Next meeting: Monday, May 6, 2024, 3:00pm-5:00pm** Meeting will be held at Community Action Team. 125 North 17<sup>th</sup> Street Saint Helens, OR 97051