

Summary of Minutes January 2019  
Columbia County Community Advisory Council

The meeting opened at 3:30pm and the agenda was reviewed. The minutes from December meeting were approved.

**Review of 2018 Quarterly Themes:** The CAC discussed how the process of choosing themes for each quarter allows for ideas/issues in the community to surface and gives the flexibility to focus on those that are important or emerging; such as housing and suicide prevention. However, having a different focus every three months (or quarter) didn't really allow for the deeper learning or ability to have more community learning/s and/or deeper understanding of each theme (or topic). It was suggested that the focus be longer than quarterly and allowing for more and even wider community conversation/engagement.

Teresa then reviewed the SWOT (Strengths, Weaknesses, Opportunities, and Threats) Analysis from the December CAC meeting. She reviewed the emerging themes and recommendations that she observed. The strong relationships within the community provide a more resilience community, however, the larger geographical area and lack of transportation lead to more social isolation. Teresa also provided an Environmental Scan of Columbia County – Resilience Tree - *Connected Systems and Support*.

The CAC would like to see the focus for 2019 have a social/emotional well-being component and continue to build on the ACEs, Trauma Informed Care, Suicide Prevention and Resilience work that started in 2018. The survey/story collecting for the Community Health Needs for the (CHIP) Community Health Improvement Plan may provide additional areas of focus to consider as well.

**CPCCO QUARTERLY DEFINITION:**

*CPCCO acknowledges no one is immune to the effects of trauma and have identified the need to understand, educate, and support the implementation of the trauma informed perspective in the community, the health care, and the social services systems of care. Supporting organizations and individuals to understand, recognize, and respond to the impact of adverse childhood experiences will build resilience in the whole community.*

**Community Health Assessment and Community Health Improvement Plan update:** Nancy provided the update. She stated there were approximately 1290 stories collected in all three counties. The data collected will provide a window into what the people of the community are saying about the health and wellbeing of Columbia County. Ari Wagner will be providing an interactive “roadshow” where she will present the data results and ask the audience to vote on their top priority. The results of voting will be presented to the Regional CAC in March for them to make a recommendation to the CCO Board of Directors. The kickoff for Columbia County will be January 28<sup>th</sup> at CCMH 11”30-1pm. The February CAC meeting (Monday, February 4<sup>th</sup>, 3:30pm) will also be an open community meeting to hear the results.

**IA Update:**

Joell reviewed the Innovator Agent handout. She drew attention to the draft RFA for CCO 2.0 had been released and the final will be released later in January. The handout provided a link for more information. Other updates included OHA's Transformation Center will launch a newsletter, “Transformation in Action”. See link on update to sign-up. IA Update is also attached to minutes.

**Community CAC Event:**

Karen provided Save the Date! flyers for 2019 State Sponsored/OHA Community Advisory Council CAC Conference. She asked if any CAC member was interested in attending to please let her know. This conference this year is in Portland and over two days; March 19 and 20<sup>th</sup>. There is likely space for anyone interested to attend. Please contact Karen.

**Rapid Feedback Results for December 2018**

Objectives:

- 1) Create process to collect qualitative and quantitative data to identify effectiveness of community advisory council agendas and related activities.
- 2) Create opportunities for advisory council members to share views and experiences related to health and the health care system.
- 3) Have an average score of 4 in the four categories of evaluation (value of session, practical application, knowledge gained, enough opportunities to share my views and ask questions)
- 4) Use information gained to reflect on findings, brainstorm ways to refine advisory council best practice framework process and quickly implement changes.
- 5) Use information gained to inform the CPCCO Board of Directors of member advice and experiences of health and the healthcare system.

**December 2018 Rapid Feedback**

Category	Average Score
Knowledge Gained	3.7/5
Value of Session	4/5
Practical Application	3.6/5
Enough opportunities to share my views and ask questions	4.6/5
Comment Summary:	

The meeting adjourned at 5:30pm.