

Tillamook County Community Advisory Council

Wednesday, January 10, 2018 3:00 -5:00 pm

AGENDA ITEMS:

Co-Chair opened meeting at 3:01. Council approved agenda; no November minutes due to the nature of the meeting; we did not meet in December. We did introductions, each naming one 2018 health-related resolution.

Incentive Measure Projects Update

Heather shared updates on the four current projects being funded through Incentive Measures, including Exercise Rx: YMCA partnership, Exercise Rx: Community Health Worker Training, Circles of Security Training, and Practice of Health Tobacco Reduction/Cessation.

Quarterly Focus: Diabetes

Explanation of quarterly focus: CPCCO recognizes the impact of diabetes on the health and wellbeing of the communities we serve. We value the collaboration of all our stakeholders, including our members and community partners, to create a healthier Tillamook County. To that end, the CPCCO Community Advisory Council seeks to inform, convene and sponsor community conversations and efforts to reduce the risk of diabetes as well as the health impact of diabetes on the community.

Time was used to explore resources, experiences, and efforts that the CAC may make: Coordinate with Year of Wellness for a March community event; YOW Task Force has spent four months developing a strategic plan. Discussed Oregon diabetes statistics; our county has a higher rate than surrounding counties and most of the state. Discussed links between diabetes and dental issues/mental health issues/cardiovascular disease. Discussed ways to make information and resources more accessible to all, and draw OHP community into effort, including complaining to grocers about produce prices and bringing nutrition classes to people directly. There were questions about the diabetes rate among immigrant populations who adapt to American diets. Discussed early intervention/programs that help kids, including the Seaside Kids program and shopping education efforts.

Innovator Agent Update

Joell will send updates to us in advance of each CAC meeting. If we are unable to print them in time for the meeting, she will bring copies, or send them to the group afterward.

The meeting adjourned at 5:00pm. The next meeting is February 14, 2017, 3:00-5:00pm at Tillamook Bay Community College. (Rapid Feedback results on back)