

Summary of Minutes October 2016 Tillamook County Community Advisory Council

The Chair opened the meeting and welcomed everyone. Introductions were made and our newest members were welcomed!

The committee approved the agenda and the September minutes (with one minor correction to the attendance).

The Innovator Agent update was provided for review, and each participant also received the most recent draft of the Incentive Funds Guide (also available electronically for anyone interested).

Nancy provided some exciting information from the Community Education Sub-Committee. The CCO has dollars (for trauma-informed care) from the Oregon Health Association which need to be spent by December 31st of this year, as well as a very timely opportunity to use that money to bring relevant training to the community. Elaine Walters from the Trauma Healing Project recently presented at a conference attended by Columbia County CAC leadership, who then applied for TA hours to bring her here. She has already done training in Columbia County, which was very well received, and is geared toward recovery and healing. There is a focus on creating community champions who will advocate for trauma-informed care, as well as the formation of a learning community. Karen passed out Save the Date cards for the two events which will be held in Tillamook County. For those of you who were unable to be at the meeting, one event will be held in Tillamook on Wednesday, December 10th from 10-2:30pm, and the other will be held on Saturday, December 14th from 10-2:30pm in Manzanita. More Save the Date cards are available from Romy to promote the event, and stay tuned for more information! To learn more about the Trauma Healing Project, and Elaine Walters, visit <http://healingattention.org/>.

At this point, the meeting was turned over to Heather White and Shaunee Moreland, Columbia Pacific CCO staff, who presented the Incentive Funds Guide. Each CAC has direct oversight of funds which are earned by meeting certain performance measures. There are eighteen performance measures, known as incentives. When we meet these incentives, we earn money which can be used for projects which support the CAC and the community. Tillamook County currently has \$54,000, and there is no deadline to use it, so what we don't use this year will roll over. Next year, we will get an amount based on how we do on meeting the incentives, as well as our number of members and their use of the services.

Heather and Shaunee provided an overview of each incentive measure, along with how we are doing in meeting the benchmarks, both as a CCO and as a county. They also provided an explanation of the process from identifying a project based on the measures to obtaining approval and funding and implementing the project. They also explained reporting requirements for designated projects.

They also reviewed the Performance Improvement Projects (PIPs) which are seven areas of focus provided to the CCOs by the Oregon Health Authority. Each CCO determines four of the seven PIPs on which to focus. The four PIPs which have been chosen by Columbia Pacific CCO are:

ACES (Adverse Childhood Experiences Study) and Trauma
Alcohol and Drug Misuse
Opioid Management
Tobacco Use

The Incentive Funds sub-committee has been meeting to discuss these issues and determine efforts

in these key areas. The sub-committee meets each month directly before the CAC meeting at TBCC, from 3-4pm, and CAC members are invited to participate in this important work.

The need for more community education around opioids and pain management, as well as on storage, disposal, being refused meds by doctors, etc., to support members in decreasing their use of these drugs for chronic pain was brought up.

It was emphasized the importance of relationship building, and support for community nurses who do outreach in the homes and can develop those relationships, thereby encouraging people to seek medical care such as immunizations and health screenings.

Mentioned that domestic violence affects many of the elements of healthcare, and the work that TCWRC is doing to train staff in health issues in order to help survivors access care. Stressed was the importance of various agencies interfacing with health to help support the community getting healthcare.

It was stated that the Rinehart Clinic has new software which will automatically notify them when someone is released from the hospital, whether it is from the emergency department or an inpatient release. It just went live, and will soon be going live at the Tillamook Family Health Center. It is anticipated that this software will greatly enhance the ability of PCPs to follow up with patients post-release.

As we were discussing the PIP on tobacco use, it was mentioned that studies show people with mental health issues make up 44% of tobacco buyers. There is strong evidence that their minds are affected differently by tobacco than the rest of the population and it's important to take that into consideration when addressing tobacco cessation. It's important to meet people where they are and be compassionate.

It was mentioned that in conversations with law enforcement, it has become apparent that opioid tapering has, in spite of good intentions, had some unintended consequences, notably the rise in heroin production and use.

There was a discussion about this all being related to trauma-informed care. It's important to look at how engaged we are in the community to affect the metrics, and how we all interface and coordinate. It was agreed that we need to be culturally competent, trauma-informed, and evidence based in addressing health metrics. A project could be developed to incorporate non-shaming, non-blaming outreach, which would be holistic, and sensitive to unintended consequences, which would support us all in helping each other as a community.

The meeting adjourned at 5:15pm.

The next meeting is November 9, 2016, 4:00-5:00pm at Tillamook Bay Community College.