



Columbia Community Mental Health

**School Based
Mental Health**

Presented by:

Destinie Davis & Dan Jewell





Introduction

- **Who we are:** Columbia Community Mental Health, Youth and Family Department, School Based Mental Health Team.
- **What we do:** School based clinicians provide mental health services within designated Columbia County schools.
- **Who we serve:** Children, adolescents, and their families within the Scappoose and St. Helens School Districts.
- **Today's agenda:**
 - Scappoose High School Wellness Center
 - Frequently Asked Questions



School Based Mental Health Providers



**Destinie
Davis**

- Professional Counselor Associate, MA
- Mental Health Clinician
- Clinical Supervisor, Outpatient Behavioral Health

**Dan
Jewell**

- Professional Counselor Associate, MS
- National Certified Counselor
- School Based Clinician



School Based Mental Health Services

- Mental Health Assessments, Diagnosis, Treatment Planning
- Individual, Family, and Group Therapy
- Skills Training, Care Coordination, Case Management
- Psychoeducation for Caregivers, Students , and School Staff
- Crisis Intervention
- Referrals to Community Partners
- Brief Solution Focused Intervention

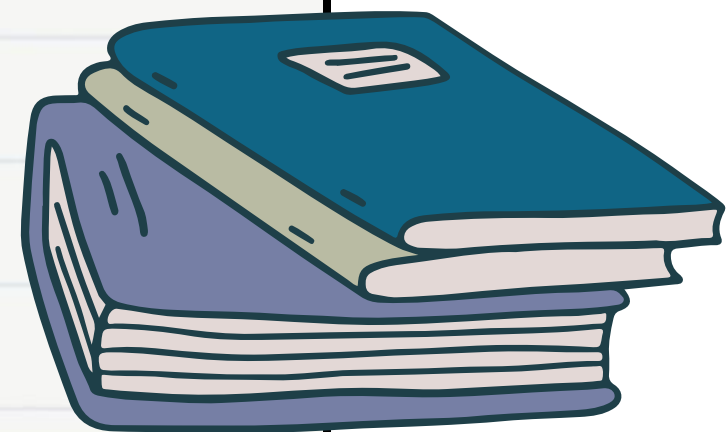


School Collaboration

- **Needs Assessment Data**
- **CARE Team meetings**
- **Referrals to Higher Levels of Care**
- **Tier System**
- **Crisis Response**



**Scappoose
High School**



**Jeremy
Kelly
Principal**

**Dan Jewell
SBMH
Counselor**

**Justin Engstrom
Care Coordinator**

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Seappoose High School Wellness Center

- A confidential space within the school where students can access coordinated care and mental health services during school hours.
- The CCMH School Based Counselor, Dan Jewell, provides students with individual, group, and family therapy services, advocates for student needs, supports with crisis intervention and provides a space for students to check-in and learn how to deal with and manage stress.
- The goal of the Wellness Center is to provide a positive impact on student mental health, help them remain in school, continue learning, and succeed academically.

How do students access the Wellness Center?



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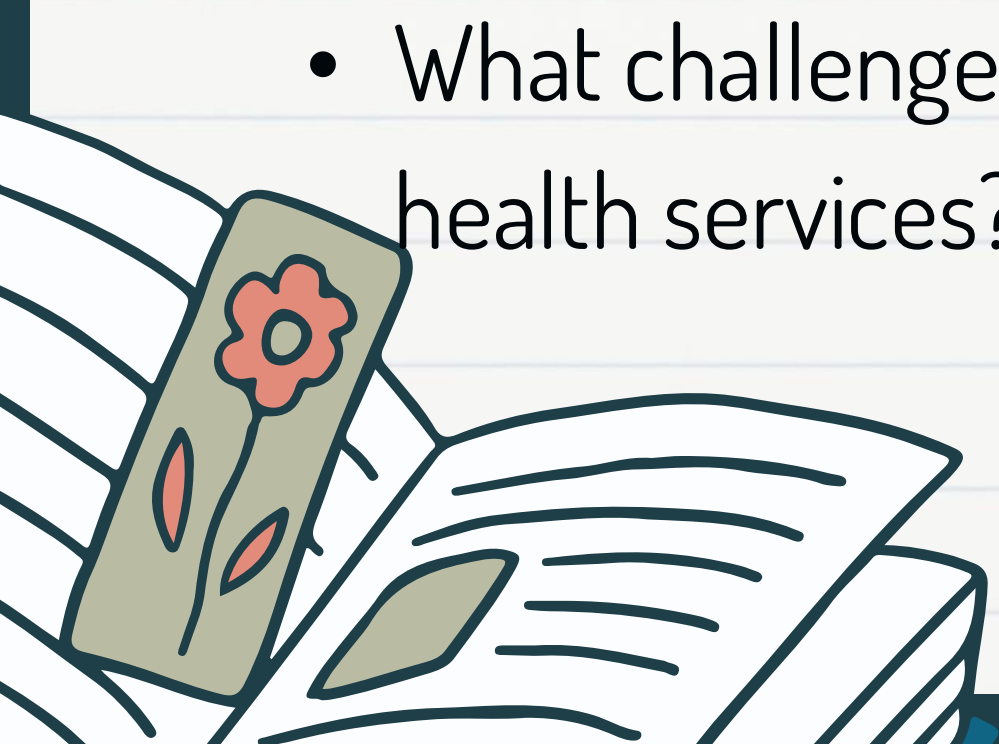
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Q & A

- Why do we care about mental health services within school systems?
- What supports and services do you provide as a school based mental health clinician?
- What evidence-based modalities do you find effective within the schools?
- What is your experience like as a school based mental health clinician who works for an outside community-based agency?
- How are students referred to mental health services within the schools?
- What challenges and strengths have you experienced with school based mental health services?



Crisis Support for Youth

Suicide & Crisis Life Line

- Call or Text: 988
- Text OREGON to 741741
- 24/7 free and confidential support
- En español, llama al 988



Racial Equity Support Line

- Call Blackline at 1-800-604-5841, a resource for BIPOC students



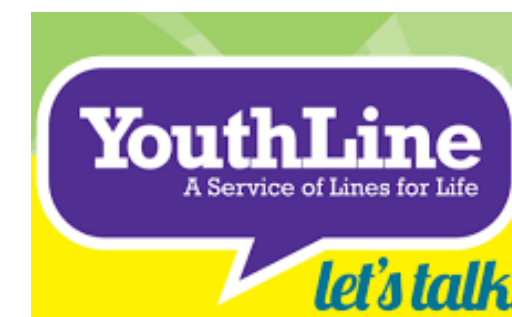
The Trevor Project: For LGBTQIA+ youth

- Text: START to 678678
- Call: 1 (866) 488-7386



Lines for Life Youth Line

- Talk: (877) 968-8491
- Text: teen2teen to 839863
- Chat: theyouthline.org



Lines for Life

- Call 503-575-3764 for the Racial Equity Support Line
- Operation hours are 10am-7pm PST, Monday-Friday



Delineation Reference Page

School Academic Counselor

- Developmental Assistance: Academic, Career, College, Social, Program and Personal
- Coordinate: 504 & SEL
- Crisis Support
- Suicide Risk Assessment
- Re-entry to School Planning
- Documentation: Synergy
- Privacy Guideline: FERPA
- Mandatory Reporting

School District Care Coordinator

- Coordination of Care: Physical and Mental Health
- Development of Care Plans
- Technical Assistance to School
- Facilitate School System Trainings
- Suicide Risk Assessment
- Crisis Support
- Support Across Services
- Re-entry Planning
- Documentation
- Privacy Guideline: FERPA
- Mandatory Reporting

Qualified Mental Health Associate

- Individual and Family: Evaluation of Needs
- Care Coordination
- Case Management
- Brief Skills Training
- Skill Building Group Facilitation
- Community Liasion
- Documentation: Electronic Health Record
- Privacy Guideline: HIPPA
- Mandatory Reporting

Qualified Mental Health Professional

- Assessment, Diagnosis & Treatment Planning
- Individual and Family Therapy
- Provide School District Staff Support
- Crisis Support
- Care Coordination
- Case Management
- Group Facilitation
- Suicide Risk Assessment
- Safety Planning
- Documentation: Electronic Health Record
- Privacy Guideline: HIPPA
- Mandatory Reporting

School Social Worker

- Individual and Family: Evaluation of Needs
- Referrals to Community Behavioral Health Services
- Crisis Assistance
- Brief Short-term Assistance
- Care Coordination
- Case Management
- Group Facilitation
- Documentation: Synergy
- Privacy Guideline: FERPA & or HIPPA
- Mandatory Reporting

School Mental Health Counselor

- Assessment, Diagnosis & Treatment Planning
- Short-Term Individual and Family Therapy
- Crisis Support
- Suicide Risk Assessment
- Group Facilitation
- Documentation: Electronic Health Record
- Privacy Guideline: HIPPA
- Mandatory Reporting

RESOURCES

Mental Health & Addiction Certification Board of Oregon <https://www.mhacbo.org/en/>
 Oregon Board of Licensed Professional Counselors and Therapists <https://oblpcct.us.thentiacloud.net/webs/oblpcct/>
 State of Oregon <https://sos.oregon.gov/Pages/index.aspx>
 Teacher Standards and Practices Commission <https://www.oregon.gov/tspc/lic/pages/default.aspx>



Thank You!

Columbia Community Mental Health Crisis Line

Call to request in person support: (503) 782-4499

