



Providence Oregon Regional Behavioral Health

How my substance use disorder enables me to help others

Perspective from a SUD peer support specialist and the behavioral health hospital program they work with

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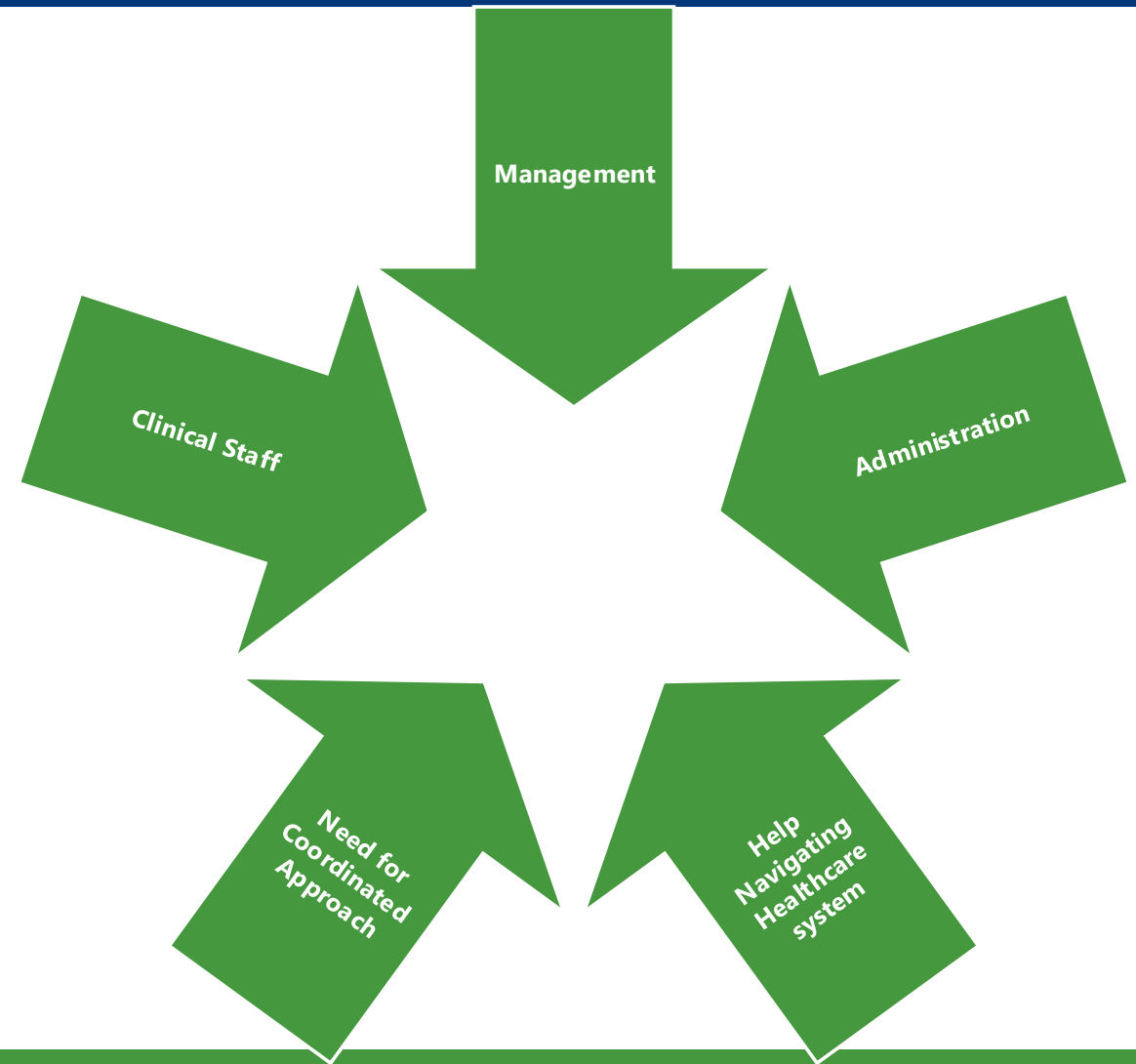


Presentation Goals

Who is in the Room?

Better Outcomes thru Bridges (BOB) History

Stemming from the recognition that behavioral health patients grappling with inadequate social determinants of health require a unique type of care.



Better Outcomes thru Bridges (BOB)

"Utilizing Peer Support, Outreach and Community Partnerships to help our most vulnerable behavioral health patients access services and support"



Programs



Emergency Department Outreach & Peer Support



SUD Peer Support

IP Medical, ED, IOP

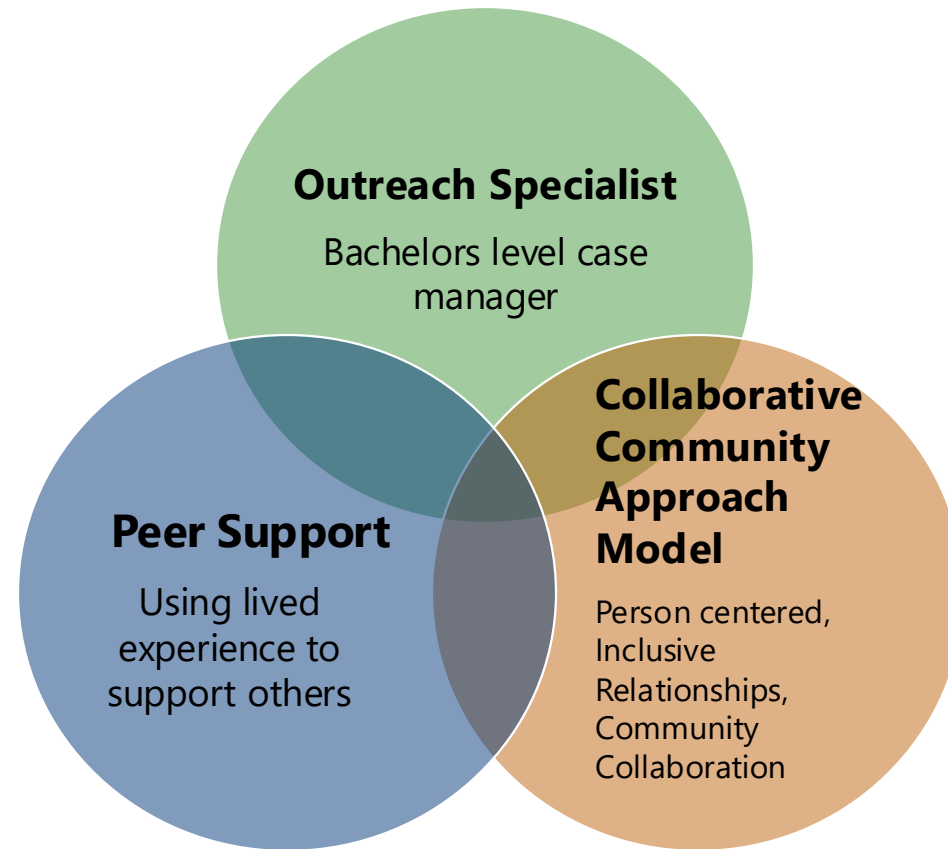


IP Psychiatric Peer Support DC support

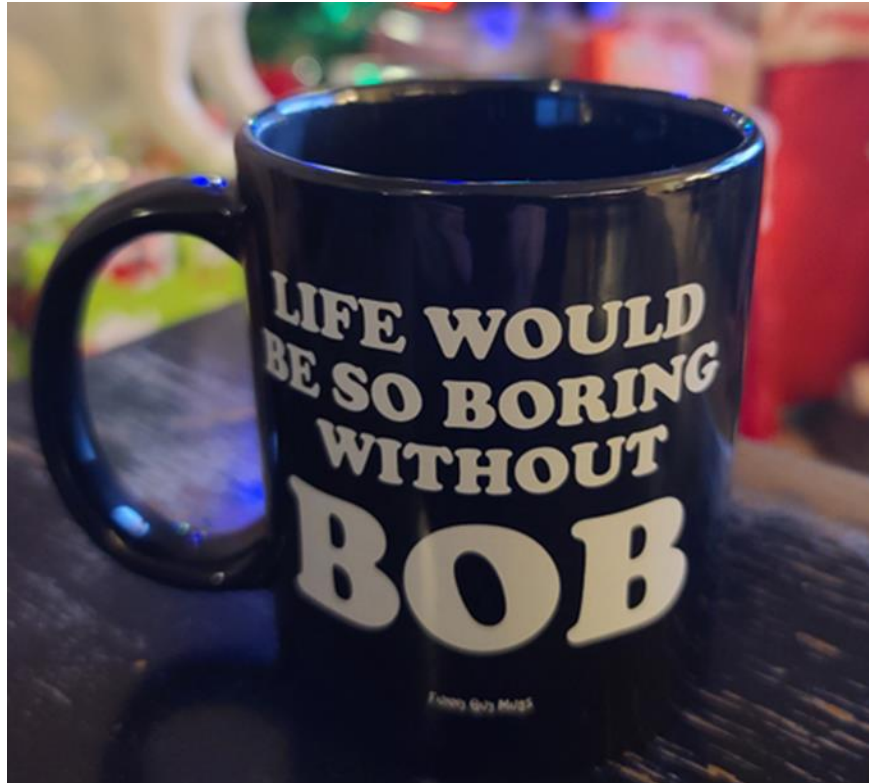


ED Peer Crisis Follow up call

Collaborative Community Approach Model



Philosophies & Best Practices



Find or be a champion for the program, the unique roles and the clients



Educate



Redefine Success



Innovation



Share Stories & data



Understand trauma, the work and care for the team



Foster Community (Inside & Outside Hospital)

The Power of Peer Support

BOB Peer
Support
Video

Barbara's Story

From Party Girl



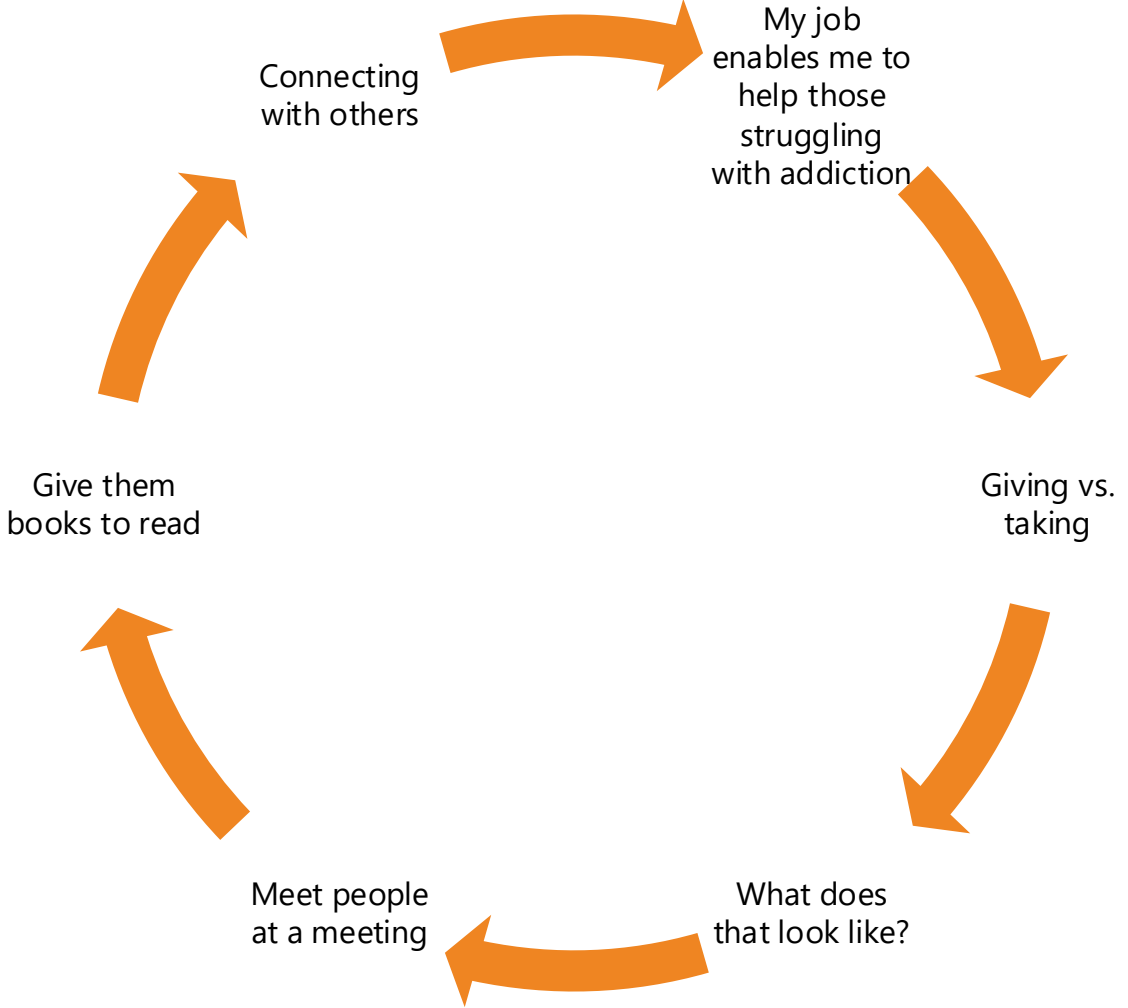
To Peer Support



The Power of Peer Support

Break Out &
Discussion

Helping Others



"Mildred"



Closed Door



Alcoholism



Support

Measurements of Success Discussion



WHAT DO YOU CONSIDER A
MEASUREMENT OF SUCCESS?



HOW DO YOU MEASURE
SUCCESS?

Evolving through Measurements of Success

SDoH

Utilization

QoL

Testimonials

Team & Client Testimonials

I was a withdraw alcoholic filled with insecurity, anxiety and fear. Barbara offered a house visit, I declined, but she never gave up. It took quite a few tries; a month later she got through my defenses. And what a Godsend! I had let go of so much of my life until Barbara let in the light of trust, creativity and knowledge. ~ BOB Client

"One of the things I appreciate most about the efforts of the B.O.B. team is that they not only offer the resources, but they also encourage me to take steps on my own. I feel like this has helped me become more self-aware of my own accomplishments." ~ BOB Client

"'Kathy' left a huge impression on me. Her strength and determination to move forward when things got tough, and her courage to trust, when she has had many bad experiences, gave me hope for others in our community that are suffering just like Kathy was."
~BOB Team Member

"I'm grateful every day for your presence in my life. You helped me arrive at a place in my life where I could see this beautiful patch of someone's and not only think of myself, but also have the fortitude to refrain from taking it for granted." ~ BOB Client

"In this kind of work, if you can impact one person, you can impact their children, their parents, their families, their friends, and the community itself." ~ BOB Team Member

BOB in the Community



Questions?



Thank You!

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