



Focus: Gender-affirming care

What is gender-affirming care?

Most broadly stated, gender-affirming care is care that respects and validates a transgender, non-binary, or intersex person's experience. In terms of accessing transition-related treatment, gender-affirming care refers to interventions that support people in their gender transition.

What is covered?

Coverage includes gender affirming treatment under the Oregon Health Plan and ORS 414.769.

Under Oregon law, gender-affirming treatment means any medicine, procedure, or product that a doctor gives to someone to help them feel more comfortable with their gender identity if it doesn't match the sex they were assigned at birth.

***Please note:** We use medical terminology for clarity and ease of access when it comes to exploring gender-affirming surgery. We understand that you may not identify or feel comfortable using some of these terms to describe your experience and body.*

Medical Care



- Hair removal (laser and electrolysis)
- Hair transplants
- Hormone therapy
- Lab work
- Medical tattooing
- Mental health therapy
- Pre-and post-surgical pelvic physical therapy
- Primary care visits
- Puberty blockers
- Specialist doctor visits
- Speech therapy



Surgical care



- Mastectomy & chest reconstruction/reduction
- Breast augmentation
- Phalloplasty and metoidioplasty
- Vaginoplasty and vulvoplasty
- Hysterectomy
- Nullification surgery
- Oophorectomy
- Orchiectomy
- Penectomy
- Scrotoectomy
- Scrotoplasty
- Urethroplasty
- Vaginectomy
- Tracheal shave
- Facial gender confirmation surgery (including facial feminization surgery)
- Body contouring
- Revisions to prior forms of gender-affirming treatment

For more information please visit your CCO's gender-affirming care webpage.

Steps to accessing services

- 1 Start with your primary care and mental health providers.**
 - 2 Familiarize yourself with medical interventions and what feels best for you.**
 - 3 Determine if a gender dysphoria diagnosis is necessary to access the care you need.**
-  **A list of contracted gender-affirming care providers**, those with experience and training in working with people who are a wide variety of genders, can be found on your CCO's website.
-  **If you need help with accessing services**, or if you want to talk to someone about the gender-affirming care services your CCO provides, call Customer Service at the number listed on the back.

Gender-affirming care is provided by your CCO, your Medicaid health plan. Learn more about us here.

When people talk about Medicaid in Oregon, you may hear them say a lot of different names or letters. That's because there are many organizations involved in making sure you get the care you deserve. How can you make sense of it all?

It helps to think of Medicaid in Oregon like a pyramid

Oregon Health Authority (OHA) runs the Medicaid program for the entire state of Oregon, which is called the Oregon Health Plan (OHP).

The logo for the Oregon Health Authority, featuring the text "Oregon Health Authority" in a serif font with "Oregon" in a smaller font above "Health".

Your Coordinated Care Organization (CCO) is an insurance provider that is contracted with the OHA to deliver care to OHP members. It is your "health plan."



Your primary care provider (PCP) might be a doctor, a nurse practitioner, a physician's assistant or a naturopath. They coordinate your care with your CCO and other medical team members like dentists, mental health providers, pharmacists and others.



Your CCO provides services like these for Medicaid (OHP) members:

- ▶ Physical health care
- ▶ Mental health care
- ▶ Substance use treatment
- ▶ Dental care
- ▶ Medicare through CareOregon Advantage

You'll also be able to use important services like these:

- ▶ Care coordination
- ▶ Pharmacy
- ▶ Prenatal and infant care
- ▶ Transportation options
- ▶ Language interpreter services
- ▶ ER and urgent care

For more details, call Customer Service toll-free at Columbia Pacific: 855-722-8206; Jackson Care Connect: 855-722-8208 or TTY 711. Our hours are 8 a.m. to 5 p.m. Monday through Friday.

You can get this letter in other languages, large print, braille or a format you prefer. You can also ask for an interpreter. This help is free. Call 800-224-4840 or TTY 711. We accept relay calls.

colpachealth.org
jacksoncareconnect.org

