

Summary of Minutes October 2016
Columbia County Community Advisory Council

The Chair opened the meeting at 3:30pm and welcomed everyone. The minutes from the September meeting were approved

Karen handed out *Save the Date* information for the *Adverse Childhood Experiences, Trauma & Your Health* workshops in Columbia County that the CAC is sponsoring. Elaine Walters is from the Trauma Healing Project and her focus is resilience and recovery. The workshops are scheduled for November 9, 4pm to 8:30 in Scappoose/St. Helens area and November 10, 10 to 2:30pm likely in the Vernonia area. Karen is looking for venues for the workshops and interpreters for our Latino community will be available. Dinner/lunch will be provided. More to come.

Incentive Fund Guide Orientation: Shaunee Moreland and Heather White, Community Health Improvement Coordinator's for CPCCO reviewed with the CAC the Incentive Fund Guide. They described how the Board of Directors allocated additional funds to each CAC to support the work to address Incentive Measures and Performance Improvement Projects. Shaunee and Heather described the 18 incentive measures and provided current information on how we are doing to meet each one. They also reviewed the list of Performance Improvement Projects and the discussed the four that the CCO has chosen to focus their efforts this year.

Shaunee and Brianne Mares presented a project for the CAC to consider: Power CLEAN (CrossFit, LiveIt, Exercise and Nutrition). The proposed project would address two of Incentive Metrics - HbA1c Poor Control and hypertension and the Alcohol & Drug Misuse PIP.

Three members offered to review the updated proposal once the suggestions from the CAC were incorporated prior to presenting to the full CAC.

Meeting adjourned at 4:55pm.

Next meeting is November 7, 3:30-5:00pm, Sunset Park Community Church.