

Tillamook County Community Advisory Council

Wednesday, February 14, 2018, 3:00 -5:00 pm

AGENDA ITEMS:

Chair opened the meeting at 3:03. Council approved agenda and January minutes. We did introductions, and stated what passion brings us to the CAC. Welcomed new member.

Incentive Measure Projects Update

Heather shared information on the variety of metric areas we can choose for our focus in the coming year. We have to narrow it to four areas. The group agreed it would be good to review them further; Heather will send out a survey so the group can vote on which areas should be our focus.

Quarterly Focus: Diabetes

Explanation of quarterly focus: CPCCO recognizes the impact of diabetes on the health and wellbeing of the communities we serve. We value the collaboration of all our stakeholders, including our members and community partners, to create a healthier Tillamook County. To that end, the CPCCO Community Advisory Council seeks to inform, convene and sponsor community conversations and efforts to reduce the risk of diabetes as well as the health impact of diabetes on the community.

Time was used to explore resources, experiences, and efforts that the CAC may make. We will coordinate with Year of Wellness for a March community event; YOW Task Force has spent four months developing a strategic plan. A member shared his experience with diabetes over the course of several decades. The group discussed some of the challenges in our area, including no endocrinologist, better access to hardware and durable medical equipment. There were questions about the availability of nutritional support, and questions about the health plan benefits available. There was a discussion of the link between mental health and diabetes.

Joel and Allison from Food Roots shared some of their efforts in the community. Currently, there are garden-based lessons for 850 local students, including snack preparation, produce tastings, and field trips. They provide access to local food programs, including the double SNAP dollars program. They send fresh produce home with children. 59% of double SNAP dollar users have chronic health conditions.

Innovator Agent Update

Joell shared several highlights, including a new website that will allow the public to access inspection reports for Oregon restaurants, swimming pools, and hotels:

<https://healthspace.com/Clients/Oregon/State/StateWebPortal.nsf/home.xsp>.

The meeting adjourned at 5:00pm. The next meeting is March 14, 2017, 3:00-5:00pm at Tillamook Bay Community College.