

## *Tillamook County Community Advisory Council*

*Wednesday, March 8, 2017, 3:00 -5:00 pm*

### **AGENDA ITEMS:**

Co-Chair opened the meeting at 3:03 and welcomed everyone. The committee approved the agenda, as well as the February minutes.

**Annual Business Meeting:** Addressed the term lengths of new members and those whose terms were expiring. We also renewed the terms of Chair and Co-Chair. Reviewed Conflict of Interest Policy and collected completed COI forms. Reviewed Charter and approved suggested changes.

**Regional CAC/BOD Update:** Regional CAC reviewed processes for applying for and making recommendations for funding for projects, particularly the Community Wellness Investment Funds (CWIF).

New CWIF guidelines and forms are now on the CCO website, which is [www.colpachealth.org](http://www.colpachealth.org), and they will be user friendly. Funding is now in two-year increments rather than one-year, and the application process is open year-round. They will be reviewing applications twice a year, in June and October.

**Medicaid 101:** Free-standing modules to help engage and educate members about their benefits are being developed. We brainstormed ideas for a more “community friendly” name. If you have other ideas that you’d like to contribute, please send them along to Heather.

**Incentive Funds Update:** This new pilot program is described as a wraparound tobacco cessation project, incorporating physical activity, goal setting, nutrition, counseling, and group therapy. CAC members moved and approved the funding to start this project.

**Community Education Recommendations:** The Committee has been focusing on childhood trauma and resiliency. They will host screenings of the movie Resilience in all three parts of the county. Oregon Family Support Network training will be held in April 25<sup>th</sup>, and Romy will send out the flier.

**Adolescent Well-Child Visits:** Maranda Varsik from the CCO presented about the effort to increase the number of youth who receive yearly well-child visits.

**Serenity Club:** Ken Thompson and Melissa Finnell presented about the Serenity Club.

The meeting adjourned at 5:05pm.

The next meeting is April 12, 2017, 3:00-5:00pm at Tillamook Bay Community College.