

Tillamook County Community Advisory Council

Wednesday, April 11, 2018, 3:00 -5:00 pm

AGENDA ITEMS:

Chair opened the meeting at 3:01. Minutes/Agenda approved.

Incentive Measure Projects Update

Heather provided an update to the current. Incentive Metric projects. The new program at the YMCA is a great success, with 36 people enrolled. Ten are enrolled in the diabetes outreach. There was discussion about expanding the focus to also cover arthritis. The Community Health Worker program training is almost complete. The group reviewed fifteen possible metrics and chose three on which to focus: 1) Depression Screening and Follow-Up, 2) Diabetes: HbA1c Control, and 3) Tobacco Use Prevalence.

Quarterly Focus: Diabetes

Explanation of quarterly focus: CPCCO recognizes the impact of diabetes on the health and wellbeing of the communities we serve. We value the collaboration of all our stakeholders, including our members and community partners, to create a healthier Tillamook County. To that end, the CPCCO Community Advisory Council seeks to inform, convene and sponsor community conversations and efforts to reduce the risk of diabetes as well as the health impact of diabetes on the community.

The group kicked off our quarterly theme, which is access to healthcare, by doing a What/So What/Now What analysis. Results are in a separate document. We discussed emergency department utilization, having medical staff trained to respond to deal with patient fears and concerns, addressing pain control, acupuncture, post visit follow up, reaching adolescents, prescription delivery. Some of the suggestions to improve access included training for transportation and schedulers, community/traditional health workers to bridge gaps, tobacco use policy, groups for youth related to alcohol, community models to manage chronic pain. Invite youth to participate in the council and in other efforts. We will take this forward to bring speakers and guide future efforts.

The meeting adjourned at 5:00pm. The next meeting is May 9, 2018, 3:00-5:00pm at Tillamook Bay Community College.