

Summary of Minutes April 2018
Columbia County Community Advisory Council

The meeting opened at 3:35pm and the agenda was reviewed.

The minutes from March meeting were approved.

TPHFCC - Tobacco Retail License Community Readiness Assessment

Sherrie discussed the TRL Community Readiness Assessment project to work on regulating tobacco sales to underage youth. TPHCC asked the CAC for support with the project. The TPHCC, with assistance of the Rede Group, will provide quarterly updates to the CAC, and ask for their input and feedback. Upon completion of the assessment, the Rede Group will provide the results to the CAC and ask for assistance in identifying elected decision-making organizations/groups, and next steps to continue the conversation into the community. The Columbia County CAC fully supports the TPHFCC and the TRL assessment project. A letter of support from the Chair, Co-Chair and Coordinator will be provided for this project.

Housing Focus Group Report & City/County Dinner Report

Dan discussed the City/County Dinner where the Jim Tierney presented the findings of the housing feasibility study. He reminded the CAC that the study showed the need for an additional 1900 units for those with an income at or lower than \$25k. And, in order to move forward a change in zoning, land-use, density, growth boundaries and mind set would need to happen. He indicated it would take time to get in front of Commissioners and City Officials to begin the discussion of next steps. A community conversation is scheduled for April 26, 2018 at 5:30pm, at the CAT office. Jim will present the findings of the housing study. Karen/Nancy will work with Patti, who does the CPCCO Columbia County newsletter, to do an article and invite the community.

Incentive Metrics Projects Update:

Shaunee provided final reports on the following projects she has been working on. She indicated the projects would be continuing to move forward, but she wanted to provide the CAC with a final report before her departure.

- Welcome Home – this metric was removed by the State; however, the outline is finished and available if/when needed.
- Paper Tigers/Resilience Screenings – Staff screenings of Resilience have been completed and/or scheduled. Additional screening will be ongoing. Tool kits to use with screenings are available to check out.
- PowerCLEAN – Tami D will collect the data and submit to Nancy. Still exploring an electronic way for collecting.
- Motivational Interviewing – Jackie, from GOBHI, has volunteered to lead the *Ongoing Learning Community*. Jackie will submit updates to Nancy whom will then provide those to CAC. Jackie needs to complete a couple more classes to become a trainer herself. She anticipates offering trainings in 2019.

Quarterly Theme: Suicide Prevention:

The CPCCO Quarterly Definition:

CPCCO acknowledges that suicide can be prevented. We believe that all life is valuable and our goal is to end the incidence of suicide and self-harm, build and strengthen suicide prevention skills of all community members, provide education and knowledge of available services & resources to reduce stigma, and build resilience in the whole community. We support our advisory council, health plan members and community stakeholders to learn about suicide prevention and engage in planning efforts to be part of the solution to end suicide.

The CAC discussed suicide and the spike in Columbia County this year. Mentioned that in the last 30 days five veterans have committed suicide and two others have attempted. Also noted was the rise in adolescent suicide and is worse, compared to last five years. The Public Health Foundation of Columbia County recently formed a Suicide Prevention taskforce with various stakeholders including a couple of high school students. The task force is gathering available information, who is doing what, who else is impacted, what resources and trainings are available, and how to put together a solution. The CAC came up with a list of a variety of sources/resources to explore: what is best practice, money to bring a speaker to town (Kevin Hines, inspirational and very moving story), Mental Health First Aid, Older Adult/Senior Learning Sessions (that Janet Holboke offers), Response Training, QPR (Question, Persuade & Refer), CALM (Counseling on Access to Lethal Means), how effective are existing programs, find a “CPR” type class for suicide prevention for everyone and invite the community, invite Brienne to a CAC meeting, what are other things communities are doing, hear from OHA (Ann Kirkwood), every county has a suicide prevention plan (CCMH is keeper of the plan) ask what is the communication protocol, local radio station sponsors Chief Moss once a week, Jordan Center, CCMH crisis team, potential grant for coordinating suicide prevention work, co-locating social workers in schools, coordinator for prevention, available veteran money for this type of work, Healthy Families (Jim Wilson), classes for youth. A handout was provided with an overview of information regarding suicide in Oregon.

Rapid Feedback Results for April 2018

Objectives:

- 1) Create process to collect qualitative and quantitative data to identify effectiveness of community advisory council agendas and related activities.
- 2) Create opportunities for advisory council members to share views and experiences related to health and the health care system.
- 3) Have an average score of 4 in the four categories of evaluation (value of session, practical application, knowledge gained, enough opportunities to share my views and ask questions)
- 4) Use information gained to reflect on findings, brainstorm ways to refine advisory council best practice framework process and quickly implement changes.
- 5) Use information gained to inform the CPCCO Board of Directors of member advice and experiences of health and the healthcare system.

April 2018 Rapid Feedback

Category	Average Score
Knowledge Gained	3.7/5
Value of Session	4.2/5
Practical Application	3.7/5
Enough opportunities to share my views and ask questions	4.3/5
Comment Summary:	

IA Update:

The IA update was emailed by Joell prior to the meeting. She reviewed some of the highlights of that report and indicated the report contained links to each of the areas. The mid-year report for incentive metrics and how the CCO's were performing. The Oregon Health Policy Board will hold a series of public meetings throughout the state for input on CCO 2.0.

Community Update:

The **Regional Community Advisory Council** met last Tuesday. Discussion included *OHP and You*, a series of workshops designed for CPCCO members to assist in understanding and navigating their coverages. The framework of the quarterly themes was discussed and ways to continue to create equity within the CAC. The current five-year plan for the Community Health Assessment (CHA) and the Community Health Improvement Plan (CHIP) will end. The R-CAC discussed upcoming work to support the next five-year plan. Cognitive Edge, a narrative collecting program, was used for the current CHIP and hopeful the program will be used again. More information will be coming.

Walk with a Doc, a walking program sponsored by TPHFCC, **every 3rd Saturday** begin April 21, 2018 at **McCormick Park at 9:00am**.

Rx for Apples, a program for seniors, sponsored by OHSU and Legacy, provide apples for seniors at local farmers markets.

The meeting adjourned at 5:20pm.

Next Meeting: May 7, 3:30 – 5:30pm

Location: Community Action Team, Board Room