

Summary of Minutes July 2018
Columbia County Community Advisory Council

The meeting opened at 3:40pm and the agenda was reviewed.

QPR Training Report/Review:

The 6/27 training was a success and over 35 community members attended. Nancy and Sherrie discussed thoughts and ideas the Columbia County Suicide Prevention Taskforce had for monthly trainings like this throughout the county.

Quarterly Theme: Trauma Informed Care/ACEs

The focus for this quarter is Trauma Informed Care/Adverse Childhood Experiences (TIC/ACEs). Nancy reviewed the CCOs definition and discussed how Suicide Prevention would continue to be part of the work. She referenced the handouts and discussed the data, where it came from and why it's important. The other handouts were: What's Your ACE Score, What's Your Resilience Score, and what can be done about ACEs. The CAC present discussed TIC/ACEs and how that Resilience is the 4th quarter focus and wondered if there is merit in combining these, along with Suicide Prevention, through the end of the year. They also discussed using the August meeting to plan the meetings through the end of the year. It was then decided to have a potluck picnic/social event in place of the August meeting. Which was an idea presented in December 2017 during the SWAT analysis. The CAC present continued with the discussion and a few ideas of where to have a picnic.

Those present discussed a sub-committee meeting later in August to assist in planning the combined 3rd and 4th quarter meetings. This would be scheduled after the 8/6 picnic meeting. They also liked the idea suggested that the December meeting be a strategic planning meeting for 2019, noting the meeting would be longer than normal and an earlier start was suggested. Anyone interested would be welcomed to attend. Karen will follow-up on both ideas.

CHA/CHIP Update:

Nancy gave a brief updated on the CHA Community Health Assessment and CHIP Community Health Improvement Plan. She mentioned the June 21st SenseMaker workshop was amazing, the Regional CAC attended as well as a few other CAC members, community partners and staff. She hoped a prototype would be sent to the Regional CAC this week. She also mentioned she has a meeting with the Confederated Tribes of Grand Ronde and the Cowlitz Indian Tribe to see how they may be involved as well. The Lower Columbia Hispanic Council and Providence have indicated they would like to partner with the CCO too.

Rapid Feedback Results for July 2018

Objectives:

- 1) Create process to collect qualitative and quantitative data to identify effectiveness of community advisory council agendas and related activities.
- 2) Create opportunities for advisory council members to share views and experiences related to health and the health care system.

- 3) Have an average score of 4 in the four categories of evaluation (value of session, practical application, knowledge gained, enough opportunities to share my views and ask questions)
- 4) Use information gained to reflect on findings, brainstorm ways to refine advisory council best practice framework process and quickly implement changes.
- 5) Use information gained to inform the CPCCO Board of Directors of member advice and experiences of health and the healthcare system.

July 2018 Rapid Feedback

Category	Average Score
Knowledge Gained	4/5
Value of Session	4.5/5
Practical Application	4/5
Enough opportunities to share my views and ask questions	5/5
Comment Summary:	

Community Update:

The August meeting will be a celebration picnic/potluck

The meeting adjourned at 4:40pm.