

## *Tillamook County Community Advisory Council*

*Wednesday, September 11, 2019, 3:00 -5:00 pm*

### **AGENDA ITEMS:**

Meeting called to order at 3:05pm by Chair. Agenda and July/August minutes approved.

### **Group Agreements:**

The draft copies were not brought to the meeting; this has been deferred to October.

**Wellness Committee Update:** Member shared that there was a quarterly all-call earlier in September. Food Roots is focusing on a mobile market, and is taking the lead on that while the wellness committee focuses on other areas. There will be a food access forum in the next month or two; discussed transportation as a barrier.

**DPP Program:** (Heather) The Diabetes Prevention Program is a CAC-funded partnership with the YMCA. It splits the membership costs of the program and the program addresses members with diabetes or at risk; they have a trained Community Health Worker on staff. DPP is now a paid member benefit. CCO is doing a contract with the Oregon Wellness Network. The health department got an overlapping 2-year SRCH (Sustainable Relationships and Community Health) grant to address diabetes, so we will coordinate with them. They can now prescribe the YMCA. The success of the program is creating a demand by people who aren't diabetic, so we are exploring ways to expand to a larger population.

**Preventable Disease and the RHIP:** Nancy presented the section of the RHIP which addresses preventable disease, and we reviewed goals and strategies. Discussed vaping, nutrition, and food access. There will be partnerships and monitoring across sectors.

**IA Update:** Joell provided an update on additional OHA issues, including more discussion of the SRCH grant. Also, the OHA-required Community Engagement sessions are coming up in all three counties; Tillamook's is on 10/24 from 4:30-6pm at the OSU Extension Service. All are encouraged to attend.

### **New business/Announcements:**

Lights of Hope is this Saturday, and the Opioid Summit is on 10/14. Fliers will be emailed to the group.

Meeting ended at 4:46pm. **Next meeting is October 9, 2019 from 3-5pm at TBCC.**