

Updated June 24, 2020

## Bimonthly Resource Digest Highlights 6/24/2020:

### **Cultural and linguistic responsiveness in telehealth, by MHTTC**

**Description:** An article with guidance to consider when providing telehealth services to culturally diverse communities.

- Short document with easy-to-read, practical considerations when providing telehealth services.
- Useful guidance on developing culturally and linguistically responsive practices.
- Includes considerations for general programmatic operations in addition to direct care with individuals.

### **Emotional wellbeing for American Indians during COVID-19: Implications of historical trauma and the historical trauma response features, by Indian Health Services (IHS)**

**Description:** This seventh webinar in the IHS series for behavioral health providers working in urban and tribal settings gives an overview of the historical context for cultural responses to social distancing, life in times of pandemic, and complex grief.

- Specialist panel of presenters, including Maria Yellow Horse Brave Heart, PhD, Caroline Bonham, PhD and Josephine Chase, PhD.
- Considerations for trauma-informed behavioral health care during COVID-19.
- Culturally specific guidance for providers.

### **COVID-19 and mental health resources: For diverse populations and providers who support them, by MHTTC**

**Description:** A comprehensive PDF list of resources aimed at reducing specific behavioral health disparities for older adults, racially diverse communities, immigrants and undocumented individuals, LGBTQIA+ community members and more.

- Resources designed to reduce barriers to behavioral health access for diverse populations during the COVID-19 pandemic.
- Hotlines and national resources available to clients now.
- Shareable resource for clients and provider groups alike.

*Continued>>*

**Clinical innovations in telehealth: Providing culturally relevant telehealth services to the Latino population during a pandemic, by MHTTC**

**Description:** A one-hour webinar discussing the challenges in treating Latino individuals during the COVID-19 crisis, and how to assess and provide interventions to meet the needs of Latino individuals using telehealth modalities.

- Discussion of cultural factors to consider when providing services to the Latino population.
- Practical considerations for using telehealth in cross-cultural communication.
- Useful guidance on designing effective interactions and using telehealth effectively.

Thank you all for your work during this challenging time.

Sincerely,

CareOregon Behavioral Health Department