

Zanamivir



Included Products: Relenza (zanamivir)

Nonformulary for outpatient benefit. PA required on medical benefit.

Created: 05/23/2008

Revised: 09/12/2013

Reviewed: 09/12/2013

Updated: 09/23/2021

All Diagnoses

Quantity Exception Criteria		If yes	If no
1.	Is Relenza being used for influenza treatment?	If the member has exceeded the annual quantity limit of 2 treatments or 2 inhalers which does not require a PA, forward to the pharmacist.	Continue to #2.
2.	Is Relenza being used for influenza prophylaxis (prevention)?	Continue to #3.	Do not approve.
3.	Has the member been exposed to the influenza virus (household or community outbreak)?	Continue to #4.	Do not approve.

Continued >>

<p>4.</p>	<p>Does the member have any of the following that places them at high risk for developing complications?</p> <ul style="list-style-type: none"> a. ≥ 65 years of age b. Pregnancy (category C) c. Children meeting the age limit or teenagers who are receiving long-term aspirin treatment and may be at risk for developing Reye’s syndrome. d. Chronic metabolic disease (i.e. diabetes) e. Cardiovascular disease except hypertension f. Weakened immune system due to HIV/AIDS, immunosuppressive medications, chemotherapy and radiation therapy. g. Renal disease h. Hematological disorders (i.e. anemia) i. Metabolic disease such as diabetes mellitus j. Any muscle or nerve condition (e.g. spinal cord injuries, seizures, or cerebral palsy) or cognitive dysfunction that can lead to difficulty breathing or swallowing and increase the aspiration risk k. Residents of nursing homes or other long-term care facilities l. Currently resides with or cares for high-risk people (meeting one of the above criteria) 	<p>Continue to #5.</p>	<p>Do not approve.</p>
<p>5.</p>	<p>Does the member have chronic pulmonary disease (COPD/asthma)?</p>	<p>Do not approve.</p>	<p>Continue to #6.</p>
<p>6.</p>	<p>Approve with the following duration:</p> <ul style="list-style-type: none"> a. 10 day therapy for household or community outbreaks. b. 30 days for institutional outbreaks. If an extension needed then the provider needs to submit another prior authorization request. 		